
Michael T. Kalkbrenner, Ph.D., NCC.
Associate Professor of Counseling and Educational Psychology
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EDUCATION

Ph.D.	<i>Old Dominion University</i> Counselor Education and Supervision CACREP Accredited	2017
M.S.	<i>The College at Brockport, State University of New York</i> Mental Health Counseling CACREP Accredited	2014
B.A.	<i>State University of New York at Geneseo</i> Psychology	2010

CERTIFICATION

- National Certified Counselor (NCC) ID #: 331917
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ACADEMIC POSITIONS

- **Associate Professor** (with tenure), New Mexico State University, Department of Counseling and Educational Psychology, 2021 – present
 - Average teacher rating: 3.9/4.0
- **Assistant Professor**, New Mexico State University, Department of Counseling and Educational Psychology, 2017 - 2020
- **Adjunct Faculty Member**, Old Dominion University, Department of Counseling and Human Services, 2017
- **Graduate Teaching and Research Assistant**, Old Dominion University, Department of Counseling and Human Services, 2014 - 2016

PUBLICATIONS

Peer-Reviewed Journal Articles

**Italicized* denote student collaborations

*Underline denote statistical and/or methodological specialist:

(Propensity score matching, multiple-group confirmatory factor analysis, or convergent/parallel mixed-methods design).

46. **Kalkbrenner, M.T.** & *Miceli, G.* (in press). Barriers to seeking counseling among STEM students: The Revised Fit, Stigma, and Value Scale. *The Professional Counselor*. High quality journal ranking per the CEP department.
45. **Kalkbrenner, M.T.** (in press). Examining Global Wellness, anxiety severity, and depression severity among Black and Latinx Adults: Implications for counseling. *Journal of Mental Health Counseling*. High quality journal ranking per the CEP department.
44. **Kalkbrenner, M.T.** (in press). Best practices and guidelines for writing a rigorous quantitative methodology section in counseling and related fields. *The Professional Counselor*. High quality journal ranking per the CEP department.
43. **Kalkbrenner, M.T.**, Neukrug, E.S., & *Esquivel Arteaga, L.E.* (2022). Mental health literacy screening of students in Hispanic Serving Institutions. *Journal of Counseling and Development*. 100(1), 319-329. <https://doi.org/10.1002/jcad.12428>. High quality journal ranking per the CEP department and the flagship journal in my field.
42. **Kalkbrenner, M.T.** & Flinn, R.E. (2022). Psychometric properties of The Mental Distress Response Scale among first-generation college students. *Journal of College Student Retention: Research, Theory & Practice*. Published online: 2 September 2022. <https://doi.org/10.1177/15210251221123041>. High quality journal ranking per the CEP department.
41. **Kalkbrenner, M.T.**, *Hunt, A.J.*, *Ryan, A.F.*, & *Rahman, S.R.* (2022). Psychometric properties of The Patient Health Questionnaire-9 and The Generalized Anxiety Disorder-7 with adults in the United States. *Measurement and Evaluation in Counseling and Development*. Published online: 28 July 2022. <https://doi.org/10.1080/07481756.2022.2091460>. High quality journal ranking per the CEP department and the flagship psychometric journal in my field.
40. *Cascalheira, C.J.*, *Nelson, J.*, & **Kalkbrenner, M.T.** (2022). Factorial invariance of scores on the Self-Objectification Beliefs and Behaviors Scale (SOBBS) among transgender and nonbinary people. *Measurement and Evaluation in Counseling and Development*. Published online: 07 March 2022. <https://doi.org/10.1080/07481756.2022.2032758>. High quality journal ranking per the CEP department and the flagship psychometric journal in my field.
39. **Kalkbrenner, M.T.** (2022). Global Wellness: Predicting lower levels of anxiety and depression

severity. *Journal of Counseling and Development*. 100(1), 84-95. <https://doi.org/10.1002/jcad.12405>
High quality journal ranking per the CEP department and the flagship journal in my field.

38. Gruber, E., **Kalkbrenner, M.T.**, & Hitter, T. L. (2022). An intersectional conceptualization of beauty in Latinx women: A mixed methods study. *Body Image*. 41(1), 432 – 442. <https://doi.org/10.1016/j.bodyim.2022.04.008>. High quality journal ranking per the CEP department.
37. **Kalkbrenner, M.T.** (2022). Validation of scores on The Lifestyle Practices and Health Consciousness Inventory with Black and Latinx adults in the United States: A three-dimensional model. *Measurement and Evaluation in Counseling and Development*. 55(2), 84 – 97. <https://doi.org/10.1080/13607863.2018.1544217>. High quality journal ranking per the CEP department.
36. **Kalkbrenner, M.T.** (2021). Alpha, omega, and *H* internal consistency reliability estimates-reviewing these options and when to use them. *Counseling Outcome Research and Evaluation*. Published online: 30 July 2021. <https://doi.org/10.1080/21501378.2021.1940118>. High quality journal ranking per the CEP department.
35. Flinn, R.E. & **Kalkbrenner, M.T.** (2021). Matching variables with the appropriate statistical tests in counseling research. *Teaching and Supervision in Counseling*. 3(3). Article 4. <https://doi.org/10.7290/tsc030304>
34. **Kalkbrenner, M.T.**, Arroyos, E.C., & Mims, T. D. (2021). Recognize and refer? Differences by gender, ethnicity, and help-seeking history. *Journal of College Counseling*. 24(2), 162-177. <https://doi.org/10.1002/jocc.12183>. High quality journal ranking per the CEP department.
33. **Kalkbrenner, M.T.** & Goodman-Scott, E. (2021). Validation of high school students' scores on the Mental Distress Response Scale: Implications for universal screening. *Professional School Counseling*. 25(1), 1-9. <https://doi.org/10.1177/2156759X211006631>. High quality journal ranking per the CEP department.
32. **Kalkbrenner, M.T.** (2021). Enhancing assessment literacy in professional counseling: A practical overview of factor analysis. *The Professional Counselor*. 11(3), 267-284. <https://doi.org/10.15241/mtk.11.3.267>. High quality journal ranking per the CEP department.
31. Goodman-Scott, E., McMahon, G., H., **Kalkbrenner, M.T.**, & Smith-Durkin, S. (2021). An ex post facto study examining implementation of positive behavioral interventions and supports across school and community variables from an inclusive innovation perspective. *Journal of Positive Behavior Interventions*. Published online: 10 May 2021. <https://doi.org/10.1177/10983007211013784>. High quality journal ranking per the CEP department.
30. **Kalkbrenner, M.T.**, Flinn, R.E., Sullivan, D.K., & Esquivel Arteaga, L.E. (2021). A mental health literacy approach to supporting first-generation community college student mental health: The REDFLAGS Model. *Community College Review*, 49(3), 324-342. <https://doi.org/10.1177/00915521211002893>. High quality journal ranking per the CEP department.
29. **Kalkbrenner, M.T.** (2021). A practical guide to instrument development and score validation in the social sciences: The MEASURE Approach. *Practical Assessment, Research & Evaluation*. 26(1), Article 1. <https://doi.org/10.7275/svg4-e671>. High quality journal ranking per the CEP department.

28. **Kalkbrenner, M.T.**, & Carlisle, K. (2021). Faculty members and college counseling: Utility of The REDFLAGS Model. *Journal of College Student Psychotherapy* 35(1), 70-86. <https://doi.org/10.1080/87568225.2019.1621230>. High quality journal ranking per the CEP department.
27. **Kalkbrenner, M.T.**, Jolley, A.L., & Hays, D. (2021). Faculty views on college student mental health: Implications for retention and student success. *Journal of College Student Retention: Research, Theory & Practice*. 23(3), 636–658. <https://doi.org/10.1177/1521025119867639>. High quality journal ranking per the CEP department.
26. **Kalkbrenner, M.T.**, Sink, C.A., & *Smith, J.L.* (2020). Mental health literacy and peer-to-peer counseling referrals among community college students. *Journal of Counseling and Development*. 98, 172-182. <https://doi.org/10.1002/jcad.12311>. High quality journal ranking per the CEP department and the flagship journal in my field.
25. **Kalkbrenner, M.T.** (2020). Cross-validation of the Mental Distress Response Scale: Implications for counselors. *The Professional Counselor*. 10, 1 -12. <https://doi.org/10.15241/mtk.10.1.1>. High quality journal ranking per the CEP department.
24. *Smith, J.L.*, & **Kalkbrenner, M.T.** (2020). Young adults’ attitudes about corporal punishment: Implications for mental health counseling. *Journal of Mental Health Counseling*. 42(3), 251-264. <https://doi.org/10.17744/mehc.42.3.05>. High quality journal ranking per the CEP department.
23. **Kalkbrenner, M.T.**, & Gormley, B. (2020). Development and initial validation of scores on the Lifestyle Practices and Health Consciousness Inventory (LPHCI). *Measurement and Evaluation in Counseling and Development*. 53(4), 219-237. <https://doi.org/10.1080/07481756.2020.1722703>. High quality journal ranking per the CEP department.
22. **Kalkbrenner, M.T.**, & *Flinn, R.E.* (2020). The Mental Distress Response Scale and promoting peer-to-peer mental health support: Implications for college counselors and student affairs officials. *Journal of College Student Development*. 61, 246-251. <https://doi.org/10.1353/csd.2020.0021>. High quality journal ranking per the CEP department and the flagship journal of the American College Personnel.
21. **Kalkbrenner, M.T.**, Lopez, A. L., & *Gibbs, J.R.* (2020). Establishing the initial validity of The REDFLAGS Model: Implications for college counselors. *Journal of College Counseling*. 23, 98-112. <https://doi.org/10.1002/jocc.12152>. High quality journal ranking per the CEP department.
20. **Kalkbrenner, M.T.**, *James, C.*, & Pérez-Rojas, A., E. (2020). College students’ awareness of mental disorders and counselor seeking behaviors: Comparison across academic disciplines. *Journal of College Student Psychotherapy*. Published online: 19 July 2020. <https://doi.org/10.1080/87568225.2020.1791774>. High quality journal ranking per the CEP department.
19. **Kalkbrenner, M.T.**, Goodman-Scott, E. & Neukrug, E.S. (2020). Validation of high school students’ scores on the Revised Fit, Stigma, and Value Scale: Implications for school counseling screening. *Professional School Counseling*, 23(1).1-10. <https://doi.org/10.1177/2156759X20912750>. High quality journal ranking per the CEP department.
18. Goodman-Scott, E., Taylor, J. V., **Kalkbrenner, M.T.**, *Darsie, J., Barbosa, R., Walsh, K., & Worth, A.* (2020). A multivariate analysis of variance investigation of school-level RAMP status across two states.

Counseling Outcome Research and Evaluation. 11(1), 31-44.

<https://doi.org/10.1080/21501378.2019.1575696>. High quality journal ranking per the CEP department.

17. **Kalkbrenner, M.T.** (2020). Peer-to-peer mental health support on community college campuses: Examining the factorial invariance of the Mental Distress Response Scale. *Community College Journal of Research and Practice*.44, 757-770. <https://doi.org/10.1080/10668926.2019.1645056>. High quality journal ranking per the CEP department.
16. **Kalkbrenner, M.T.**, Brown, E.M., Carlisle, K. L., & Carlisle, R. M. (2019). Utility of The REDFLAGS Model for supporting community college student mental health: Implications for counselors. *Journal of Counseling and Development*. 97(23), 417 - 426. <https://doi.org/10.1002/jcad.12290>. High quality journal ranking per the CEP department and the flagship journal in my field.
15. Guillaume, R., & **Kalkbrenner, M.T.** (2019). Self-Determination Theory: Implications for tenure and promotion for Faculty of Color. *International Journal of Educational Research*, 98, 272 – 279. <https://doi.org/10.1016/j.ijer.2019.09.007>. High quality journal ranking per the CEP department
14. **Kalkbrenner, M.T.**, & Neukrug, E.S. (2019). The utility of the Revised FSV Scale with counselor trainees: Implications for enhancing clinical supervision. *The Clinical Supervisor*. 38(2), 262–280. <https://doi.org/10.1080/07325223.2019.1634665>. High quality journal ranking per the CEP department.
13. **Kalkbrenner, M.T.**, Sink, C.A, Schwitzer, A.M., & Richards, T. (2019). Understanding Mental Health Scale (UMHS): Development, validation, and implications for college counselors. *Journal of College Counseling*. 22, 270 – 286. <https://doi.org/10.1080/87568225.2019.1621230>. High quality journal ranking per the CEP department.
12. **Kalkbrenner, M.T.**, Neukrug, E.S., & Griffith, S.A., (2019). Appraising counselors’ attendance in counseling: The validation and application of the Revised Fit, Stigma, and Value Scale. *Journal of Mental Health Counseling*. 4(1), 21-35. <https://doi.org/10.17744/mehc.41.1.03>. High quality journal ranking per the CEP department.
11. **Kalkbrenner, M.T.**, & Neukrug, E.S. (2018). Identifying barriers to attendance in counseling among adults in the United States: Confirming the factor structure of the Revised Fit, Stigma, & Value Scale. *The Professional Counselor*, 8(4), 299 – 313. <https://doi.org/10.15241/mtk.8.4.299>. High quality journal ranking per the CEP department.
10. **Kalkbrenner, M.T.**, & Sink, C. (2018). Development and validation of the College Mental Health Perceived Competency Scale. *The Professional Counselor*, 8(2), 175 – 189. <https://doi.org/10.15241/mtk.8.2.175>. High quality journal ranking per the CEP department.
9. Neukrug, E.S., **Kalkbrenner, M.T.**, & Griffith, S.A. (2017). Barriers to counseling among human service professionals: The development and validation of the Fit, Stigma, & Value (FSV) Scale. *Journal of Human Services*, 37(1), 27-40.
7. Johnson, K. F., & **Kalkbrenner, M.T.** (2017). The utilization of technological innovations to support college student mental health: Mobile Health Communication, *Journal of Technology in Human Services*, 35(4), 1-26. <https://doi.org/10.1080/15228835.2017.1368428>. High quality journal ranking per the CEP department.

8. **Kalkbrenner, M.T.**, & Hernández, T. J. (2017). Community college students' awareness of risk factors for mental health problems and referrals to facilitative and debilitating resources. *Community College Journal of Research and Practice*, 41, 56-64. <https://doi.org/10.1080/10668926.2016.1179603>. High quality journal ranking per the CEP department.
6. Johnson, K. F., Sparkman-Key, N., & **Kalkbrenner, M.T.** (2017). Human service students' and professionals' knowledge and experiences of interprofessionalism: Implications for education. *Journal of Human Services*, 37(1), 5-13.
5. Gerwe, C., Parks-Savage, A.C., Bertolet, C.L., **Kalkbrenner, M.T.**, & Archer, L. (2017) Promoting the wellness of physician-residents: Counselor-delivered coaching. *Counseling & Wellness: A Professional Counseling Journal*, 6, 1-19.
4. **Kalkbrenner, M.T.**, & Parker, R.H., (2016). Infusing experiential learning into the Introductory to Human Services course based on John Dewey's Theory of Education. *Journal of Human Services*, 36(1), 65-68.
3. **Kalkbrenner, M.T.** (2016). Recognizing and supporting students with mental disorders: The REDFLAGS Model. *Journal of Education and Training*, 3(1), 1-13. <https://doi.org/10.5296/jet.v3i1.8141>
2. **Kalkbrenner, M.T.**, Shepard, J. G., Johnson, K.F., Choudhury, J.D., Reiter, A., & Russell, A. (2016). Interprofessionalism in the literature: A review of the American Journal of Health Research. *American Journal of Health Research*, 4(5), 44-47.
1. Dobmeier, R. A., **Kalkbrenner, M. T.**, Hill, T, T., & Hernández, T. J. (2013). Residential community college student awareness of mental health problems and resources. *New York Journal of Student Affairs*, 13(2), 15-28.

Peer-Reviewed Publications: Under Review

**Italicized* denote student collaborations

Kalkbrenner, M.T. & Carlisle, K. L. (under review). Structural pathways between social support and mental health among STEM students: Implications for college student psychotherapy. *Journal of College Student Psychotherapy*.

Bennett, E., **Kalkbrenner, M.T.**, Glasser, H., Tafoya, B., Leybas, V., & Bingham, L. (under review). Development and initial validation of scores on the Inner Wealth Inventory: Implications for human service management and practice. *Human Services Organizations: Management, Leadership, and Governance*. Second revise and resubmit.

Kalkbrenner, M.T., Huycke, M., & Melick, H. (under review). Factorial Invariance of college students' scores on The Lifestyle Practices and Health Consciousness Inventory. *Journal of American College Health*.

Vomer, R. V., Richards, E., **Kalkbrenner, M.T.**, Kershaw, Z., Parks-Savage, A., & Pujalte, G.A. (under review). Effects of athletic trainer direct employment on the management of sports-related injuries in high school athletes. *The Physician and Sportsmedicine*. Second revise and resubmit.

Peer-Reviewed Publications in Progress

**Italicized denote student collaborations*

Kalkbrenner, M.T., Hunt, A.J., Ryan, A.F., & Rahman, S.R. (2022). Psychometric properties of The Patient Health Questionnaire-9 and The Generalized Anxiety Disorder-7 with adults in the United States. *Community Mental Health Journal*.

Flinn, R.E., Hitter, T. L., & **Kalkbrenner, M.T.** (2022). Testing the progressive model of help-seeker self-stigma. *The Counseling Psychologist*. Manuscript in preparation.

Kalkbrenner, M.T. (2022). Utility of The REDFLAGS Model for supporting STEM student mental health. *Journal of College Counseling*. Manuscript in preparation.

Goodman-Scott, E., Olsen, J., **Kalkbrenner, M.T.**, & Betters-Bubon, J.J. (2023). Initial validation of scores on the MTSS Alignment Inventory. *Professional School Counseling*. Data collection phase.

Kalkbrenner, M.T., Bradley, B., & Sun, H. (2023). Development and initial validation of scores on the Brief Version of The Lifestyle Practices and Health Consciousness Inventory. *Journal of Mental Health Counseling*. Data collection phase.

Non-Peer Reviewed Publications

Textbooks

Neukrug, E.S., **Kalkbrenner, M.T.**, & Snow, K., (2020). *The Dictionary of Counseling and Human Services*. Cognella, Inc.

Kalkbrenner, M.T. (2017). Created Glossary. In E.S. Neukrug, *A brief orientation to counseling: Professional identity, history, and standards* (2nd ed.). Cengage Learning.

Kalkbrenner, M.T. (2017). Updated Glossary. In E.S. Neukrug, *Theory, practice, and trends in human services: An introduction*. (6th ed.). Cengage Learning.

Kalkbrenner, M.T. (2017). Created Glossary. In E.S. Neukrug, *Skills and techniques in human services: Counseling environment, helping skills, treatment issues* (2nd ed.). Cognella, Inc.

Encyclopedia Entries

Kalkbrenner, M.T. (2017). Psychobiology of Attachment Theory. In *The Encyclopedia of Marriage, Family, and Couples Counseling*. (Vol. 3, pp. 1338-1339) SAGE Publications, Inc.

Kalkbrenner, M.T. (2017). Sexual Dysfunction. In *The Encyclopedia of Marriage, Family, and Couples Counseling*. (Vol. 4, pp. 1523-1525) SAGE Publications, Inc.

Digital Publications

Neukrug, E.S., **Kalkbrenner, M.T.**, & Griffith, S.A. (2018). Is counseling for you?. *Social Work Helper*. Retrieved from: <https://www.socialworkhelper.com/2018/02/18/is-counseling-for-you/>

FUNDING: GRANTS, SCHOLARSHIPS, & FELLOWSHIPS

Funded External Grants

Total External Grant Funding Amount Awarded = **\$1,905,701**

- National Institutes of Health Pilot Project (Sole Principal Investigator)
Development and Validation of Scores on a Brief Version of The Lifestyle Practices & Health Consciousness Inventory.
Award Amount: \$35,741 (**Funded**, 2022).
- Health Resource and Services Administration (Co-Principal Investigator)
Interdisciplinary collaborative training grant to enhance the training experience of MA-CMHC students by having them work in primary care and behavioral health settings treating substance use disorders.
Award Amount: \$1,234,560 over 5 years, (**Funded**, 2020-2025).
 - Consistent with the 2025 NMSU Leads Strategic Plan Goal 1: Enhance Student Success, this external grant will fully fund approximately 50% of the graduate students in the MA-CMHC program over the next five years. This external HRSA grant funding will support students' full-time immersion in the program, providing them with a unique opportunity to focus on their training without having to worry about accumulating student loan debt or balancing a part-time/full-time job with full-time enrollment in graduate school.
- Children Youth & Families Department Behavioral Health Services
(Methodologist and Statistical Consultant)
The Nurtured Heart Approach® Implementation Pilot Project
Award Amount \$359,900 (**Funded**, 2018 – 2019).
- Children Youth & Families Department Behavioral Health Services
(Methodologist and Statistical Consultant)
The Nurtured Heart Approach® Implementation Pilot Project: Phase 2
Continuation Award Amount \$250,000 (**Funded**, 2020).
- National Institutes of Health Pilot Project (Sole Principal Investigator)
Reducing Health Disparities: Lifestyle Practices & Health Consciousness Inventory.
Award Amount: \$25,000 (**Funded**, 2020).
- Southern Association for Counselor Education and Supervision: Research and Best Practice Award
Research Grant (Co- Principal Investigator)
Attendance in Counseling by Counselors: Identifying and Overcoming Barriers
Award Amount: \$500.00. (**Funded**, 2017).

Non-Funded External Grants

- National Institutes of Health R03 Parent Grant (Sole Principal Investigator)
Development and Validation of Scores on a Brief Version of The Lifestyle Practices and Health Consciousness Inventory.
Award Amount: \$139,994 (Not funded).
- The Robert Wood Johnson Foundation (Principal Investigator)
A National Investigation of Physical and Mental Health: Implications for Wellness, Health Systems, and Healthy Communities.
Award Amount: \$210,551 (Not funded).
- Spencer Foundation (Lead Principal Investigator)
The Appraisal of STEM Major's Physical and Mental Health: Implications for Wellness, Retention, and Degree Completion.
Award Amount \$50,000 (Not funded).

Funded Internal Grants

- Emerging Scholar Initiative Grant (Lead Principal Investigator)
Integrating Medical and Mental Health Care: An Instrument Development and Validation Study
Proposed Award Amount: \$8,000. (**Funded**, 2018).

Scholarships & Fellowships

- CACREP Research Initiative for Graduate Students (CRIGS) Fellowship, (2 awarded annually, nationally). (**Funded**, 2017).
- SACES Emerging Leader's Fellowship, \$200, Southern Association for Counselor Education and Supervision, New Orleans, LA. (**Funded**, 2017).
- NARACES Emerging Leader's Fellowship, \$200, North Atlantic Region Association for Counselor Education and Supervision, Syracuse, NY. (**Funded**, 2017).
- Darden College of Education Dissertation Fellowship, \$15,000 (with full tuition waiver), Old Dominion University, (4 awarded annually across 6 departments). (**Funded**, 2016-2017).

PRESENTATIONS

Italicized denote student collaborations

* denotes peer-reviewed conference proceeding

48. **Kalkbrenner, M.T.** (2021). Your future as a professional: Selecting program and applying to graduate school [Invited address]. Counseling Undergraduate Society, New Mexico State University, Las Cruces, NM, United States.

47. Pérez-Rojas, A.E., & **Kalkbrenner, M.T.** (2020). Impact of COVID-19 on mental health [Invited address]. New Mexico State University (NMSU) Virtual Outreach Conference, New Mexico State University, Las Cruces, NM, United States.
- *46. **Kalkbrenner, M.T.** (2020). *Teaching psychometrics: Using relatable examples to make abstract concepts come to life!* Rocky Mountain Association for Counselor Education and Supervision (RMACES) Conference.
- *45. *Esquivel Arteaga, L.E., Tejada, J. D., & Kalkbrenner, M.T.* (2020). *Lifestyle practices: Implications for promoting physical and mental health.* Western Association for Counselor Education and Supervision (WACES) Conference, Tucson, AZ. (Conference canceled due to the covid-19 pandemic).
- *44. **Kalkbrenner, M.T.** (2020). *Uncovering psychometric research designs: An overview of factor analysis in layperson's terms.* Western Association for Counselor Education and Supervision (WACES) Conference, Tucson, AZ. (Conference canceled due to the covid-19 pandemic).
- *43. Neukrug, E.S., & **Kalkbrenner, M.T.** (2019). *Publish or perish? The publishing process in finding and keeping a job in counselor education.* Association for Counselor Education and Supervision (ACES) Conference, Seattle, WA, United States.
- *42. **Kalkbrenner, M.T.** (2019). *Demystifying psychometric research designs: An overview of the major approaches to factor analysis.* Association for Counselor Education and Supervision (ACES) Conference, Seattle, WA, United States.
- *41. **Kalkbrenner, M.T.**, Griffith, S.A., & Neukrug, E.S. (2019). *The psychometric properties of the Revised Fit, Stigma, & Value (FSV) Scale with counselor trainees: Implications for counselor educators.* Association for Counselor Education and Supervision (ACES) Conference, Seattle, WA, United States.
- *40. Brown, E. M., **Kalkbrenner, M.T.**, Carlisle, K.L. (2017). *Cross-ethnic trust factors: Black counselors with White mentors.* The annual convention of the American Counseling Association (ACA), San Francisco, CA, United States.
- *39. **Kalkbrenner, M.T.**, Neukrug, E.S., Griffith, S.A. (2017). *Barriers to seeking counseling: Development & validation of the Fit, Stigma, & Value (FSV) Scale.* Association for Counselor Education and Supervision (ACES) Conference, Chicago, IL, United States.
- *38. Neukrug, E.S., **Kalkbrenner, M.T.** (2017). *Insights into publishing in the counseling field: Books, journal articles, and more!* Association for Counselor Education and Supervision (ACES) Conference, Chicago, IL, United States.
- *37. **Kalkbrenner, M.T.**, & Gerwe, C. (2017). *Coaching medical residents: implications for counseling.* The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Norfolk VA, United States.
- *36. *James, C., & Kalkbrenner, M.T.* (2017). *The psychometric validation of the Understanding Mental Health Scale (UMHS).* The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Norfolk VA, United States.
35. **Kalkbrenner, M.T.** (2016). *Statistical tests in social sciences research.* [Invited address]. New Mexico State University, Las Cruces, NM, United States.

34. **Kalkbrenner, M.T.** (2016). *Career and occupational assessment: Interest inventories, multiple aptitude tests, and special aptitude tests.* [Invited address]. Old Dominion University, Norfolk, VA, United States.
33. **Kalkbrenner, M.T.** (2016). *Rational Emotive Behavioral Therapy.* [Invited address]. Old Dominion University, Norfolk, VA, United States.
32. **Kalkbrenner, M.T.** (2016). *Empathy and using “I” statements in a medical setting.* [Invited address plenary speaker]. Eastern Virginia Medical School, Norfolk, VA, United States.
- *31. **Kalkbrenner, M.T.** (2016). *The high School to college transition & mental disorders: Implications for Counselors.* The annual convention of the American Counseling Association (ACA), Montreal, Canada.
- *30. Neukrug, E.S., Britton, B.S., & **Kalkbrenner, M. T.**, Griffith, S.A. (2016). *Common health-related concerns for men.* The annual convention of the American Counseling Association (ACA), Montreal, Canada.
- *29. **Kalkbrenner, M.T.** (2016). *Reducing mental health issues: The REDFLAGS Model.* The Virginia Counselors Association (VCA) Conference, Williamsburg, VA, United States.
- *28. **Kalkbrenner, M.T.** (2016). *Mental health issues on college campuses: The REDFLAGS Model.* Southern Association for Counselor Education and Supervision (SACES) Conference, New Orleans, LA, United States.
- *27. **Kalkbrenner, M.T.** (2016). *Infusing experiential learning into counselor education pedagogy.* Southern Association for Counselor Education and Supervision (SACES) Conference, New Orleans, LA, United States.
- *26. **Kalkbrenner, M.T.**, & Ramrakhiani, S. H. (2016). *Counselors as leadership coaches in an academic medical setting: Implications for counselor educators.* North Atlantic Region Association for Counselor Education and Supervision (NARACES) Conference, Syracuse, NY, United States.
- *25. Ramrakhiani, S.H., & **Kalkbrenner, M.T.** (2016). *Counselor educators’ experiences infusing social justice into pedagogy.* North Atlantic Region Association for Counselor Education and Supervision (NARACES) Conference, Syracuse, NY, United States.
24. **Kalkbrenner, M.T.** (2016). *Cognitive behavioral skills for mood management.* [Invited address]. Old Dominion University, Norfolk, VA, United States.
23. **Kalkbrenner, M.T.** (2015 & 2016, February). *Testing and assessment: An overview.* [Invited address]. Old Dominion University, Norfolk, VA, United States.
- *22. **Kalkbrenner, M.T.** (2015). *Investigating the implications of a structured peer group supervision model.* The Virginia Counselors Association (VCA) Conference, Hot Springs, VA, United States.
- *21. **Kalkbrenner, M.T.**, McAuliffe, G., Carlisle, K., & Richards, T. (2015). *Using Dewey’s Theory of Education to incorporate experiential learning activities in the social and cultural issues course.* Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA, United States.

- *20. Carlisle, K. L., Richards, T., **Kalkbrenner, M.T.**, & McAuliffe, G. (2015). *Rubric development for the master's level counseling skills course*. Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA, United States.
- *19. Richards, T., Carlisle, K. **Kalkbrenner, M.T.**, & Brown, E. M. (2015). *Using Fink's Taxonomy of significant learning in counselor education*. Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA, United States.
18. **Kalkbrenner, M.T.** (2015). *Counseling skills and techniques*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
- *17. **Kalkbrenner, M.T.** (2015). *Recognizing the warning signs for depression, stress, and how to cope*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
16. **Kalkbrenner, M.T.** (2015). *Ensuring test worthiness: Reliability, validity, practicality, and cross-cultural fairness*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
15. **Kalkbrenner, M.T.** (2015). *Investigating residential community college students' awareness of mental health disorders and related university services*. The 2015 Annual Graduate Research Achievement Day, Old Dominion University, Norfolk, VA, United States.
- *14. **Kalkbrenner, M.T.**, & Brown, E. M. (2015). *Cognitive information processing theory and the integration of career and mental health counseling services on college campuses*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA, United States.
- *13. **Kalkbrenner, M.T.**, & Carlisle, K.L. (2015). *Multisystemic Therapy: A best practice for youth at risk for out of home placement*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA, United States.
- *12. **Kalkbrenner, M.T.**, & Jolley, A.L. (2015). *Faculty members as resources for students who are living with mental health disorders: A Pilot Study*. The William and Mary School of Education Research Symposium, Williamsburg, VA, United States.
- *11. Brown, E.M., & **Kalkbrenner, M.T.** (2015). *Infusing social justice in counselor education*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA, United States.
- *10. Carlisle, K. L., & **Kalkbrenner, M.T.** (2015). *Trauma informed approaches for at-risk-youth*. Presentation at the Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA, United States.
- *9. Jolley, A.L., & **Kalkbrenner, M.T.** (2015). *Investigating minority students' perceptions of mental health disorders and their impact on the college experience: A pilot study*. The William and Mary School of Education Research Symposium, Williamsburg, VA, United States.
8. **Kalkbrenner, M.T.** (2013). *Nu Chapter of Chi Sigma Iota presents: counselor education clinical internship and alumni panel*. Invited presenter and panel member, Rochester, NY, United States.

7. **Kalkbrenner, M.T.** (2012). *Stress management workshop*. Invited guest lecturer for freshman academic planning course, Brockport, NY, United States.
6. **Kalkbrenner, M.T.**, Hill, T.L., & Pakan, J.P. (2011). *Awareness of mental health disorders on college campuses*. Graduate Research Conference, The College at Brockport, Rochester, NY, United States.
5. **Kalkbrenner, M.T.**, Bach, D.R., Ampel, B.C., & Piccirillo, C.T. (2010). *The effects of manipulated focus on TV. watching and parental support on levels of materialistic values*. Geneseo Recognizing Excellence, Achievement & Talent Day, Geneseo, NY, United States.
4. Iuppa, A.A., Ampel, B.C., & **Kalkbrenner, M.T.** (2010). *The relationship between altruism, personal environmental threat, and environmentally friendly behaviors*. Geneseo Recognizing Excellence, Achievement & Talent Day, Geneseo, NY, United States.
3. Piccirillo, C.T., **Kalkbrenner, M.T.**, & Bach, D.R. (2010). *Terror management and attitudes toward the environment*. Geneseo Recognizing Excellence, Achievement & Talent Day, Geneseo, NY, United States.
2. **Kalkbrenner, M.T.**, Ampel, B.C., & Piccirillo, C.T. (2009). *Efficiencies as a solution to environmental problems*. Presented at Scholar's Day Brown Bag Lunch Event, Geneseo, NY, United States.
- *1. Allen, J.B., Ampel, B.C., **Kalkbrenner, M.T.**, Piccirillo, C.T., & McDonough, A.C. (2010). *The Jevo's Paradox*. National American Association for Psychological Science (APS) Conference, Boston, MA, United States.

TEACHING EXPERIENCE

Graduate Level Teaching Experience

Semester(s) Taught

Research Methods
 Master's level, Counseling
 CACREP Master's Core Course
 Face-to-Face & Hybrid Online Sections
 New Mexico State University, Las Cruces, NM

Fall 2017, 2018, 2019, 2020 & 2021
 Spring 2020 & 2022

Counseling Theories and Techniques
 CACREP Master's Core Course
 New Mexico State University, Las Cruces, NM

Fall 2021 & 2022

Psychometrics
 Doctoral level, Psychology
 Face-to-Face & Hybrid Online Sections
 New Mexico State University, Las Cruces, NM

F all 2017, 2019, 2020, 2021, & 2022

Advanced Statistics
 Doctoral level, Counseling & Curriculum and Instruction
 Online Instruction

Summer 2021

New Mexico State University, Las Cruces, NM

Human Development Summer 2019, 2020, 2021, & 2022
Cross-listed (MA counseling, Ed.S. School Psychology, & Ph.D. Counseling Psychology)
CACREP Master's Core Course
Face-to-Face & Fully Online Sections
New Mexico State University, Las Cruces, NM

Appraisal Theory & Technique Fall 2017 & 2019, Spring 2021
Master's level, Counseling
CACREP Master's Core Course
New Mexico State University, Las Cruces, NM

Counseling Practicum Fall 2019
Master's level, Counseling
CACREP Master's Core Course
New Mexico State University, Las Cruces, NM

Diagnosis and Treatment Planning Summer 2018
Master's level, Counseling
CACREP Master's Core Course
New Mexico State University, Las Cruces, NM

Evaluation of Quantitative Research in Education Summer 2018, 2020, & 2022
Doctoral level, Curriculum and Instruction
Hybrid Online & Fully Online Sections
New Mexico State University, Las Cruces, NM

Counseling for Lifespan Development Summer 2017
Master's level, Counseling
CACREP Master's Core Course
Old Dominion University, Norfolk, VA

Advanced Counseling Research Design and Assessment Fall 2016
Doctoral level, Counseling
Co-Instructor
Old Dominion University, Norfolk, VA

Program Evaluation Summer 2016
Doctoral level, Counseling & Foundations of Education
Hybrid online instruction
Co-Instructor
Old Dominion University, Norfolk, VA

Testing and Client Assessment Spring 2016 & 2017
Master's level, Counseling
CACREP Master's Core Course
Co-Instructor
Old Dominion University, Norfolk, VA

Theories of Counseling and Psychopathology Master's level, Counseling CACREP Master's Core Course Co-Instructor Old Dominion University, Norfolk, VA	Summer 2015
Advanced Counseling Skills and Techniques Master's level, Counseling Co-Instructor Old Dominion University, Norfolk, VA	Spring 2015

Introduction to Counseling Skills and Techniques Master's level, Counseling CACREP Master's Core Course Co-Instructor Old Dominion University, Norfolk, VA	Fall 2014
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<u>Undergraduate Teaching Experience</u>	<u>Semester(s) Taught</u>
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Research Internship in Counseling & Community Psychology Undergraduate, Psychology New Mexico State University, Las Cruces, NM	Spring 2018 & Fall 2018
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Introduction to Substance Abuse Undergraduate, Human Services Online Instruction (Adobe Connect & WebEx) Old Dominion University, Norfolk VA	Summer 2016
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Career Development & Appraisal Undergraduate, Human Services Old Dominion University, Norfolk VA	Spring 2016
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Interpersonal Skills Undergraduate, Human Services Old Dominion University, Norfolk, VA	Fall 2015
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Nonprofit Fundraising (grant writing) in Human Services Undergraduate, Human Services Old Dominion University, Norfolk, VA	Summer 2015
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Internship in Human Services Undergraduate, Human Services Old Dominion University, Norfolk, VA	Spring 2015
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Introduction to Human Services Undergraduate, Human Services Old Dominion University, Norfolk, VA	Fall 2014
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Development of Clinical Resources and Training Materials

- Designed for students to use as training materials and as clinical resources.

Kalkbrenner, M.T. (2020). *Reflective listening* [PDF document]. Retrieved from:
https://drive.google.com/file/d/1yMak9QGGU08JsNf-ATSc1BExDCzA_7kY/view?usp=sharing

Kalkbrenner, M.T. (2020). *Assertive communication skills* [PDF document]. Retrieved from:
<https://drive.google.com/file/d/1SH1rtjhXSdhGzmzRwKvSuhHBih4gk-mW/view?usp=sharing>

Kalkbrenner, M.T. (2020). *Giving and receiving feedback* [PDF document]. Retrieved from:
https://drive.google.com/file/d/1cavzd9mYA_eONrkNol5wOoq10sOTR02k/view?usp=sharing

Kalkbrenner, M.T. (2020). *Reducing extreme emotions in high-pressure situations* [PDF document]. Retrieved from:
https://drive.google.com/file/d/1xie3xwGcfxGkDeQ6KYosXPPa_a1AEr9/view?usp=sharing

Kalkbrenner, M.T. (2020). *Recognizing and shaping nonverbal behaviors* [PDF document]. Retrieved from:
https://drive.google.com/file/d/1eF1zze4ki_nV6u4TQhtMjVFSGPBdO7Kr/view?usp=sharing

Kalkbrenner, M.T. (2020). *Making casual conversation “small talk” for enhancing personal and professional relationships* [PDF document]. Retrieved from:
<https://drive.google.com/file/d/1ScQzKsxBGsSHtzVoU5dXNmVnGqWrKeTQ/view?usp=sharing>

Kalkbrenner, M.T. (2020). *Self-Monitoring* [PDF document]. Retrieved from:
<https://drive.google.com/file/d/1ku6wHIscIEwyqPKqhCQ6-bFzihyTC-To/view?usp=sharing>

AWARDS & HONORS

2022 ODUAA 40 Under 40 Alumni Award 2022
 Old Dominion University Alumni Association (ODUAA)

- Awarded to alumni who have demonstrated impactful leadership in their communities and across the globe in record time (before the age of 40). According to the ODUAA, recipients of this award “represent the very best in achievement and service.”

Featured Article in the 2021 Edition of *The Journal of Counseling and Development* 2021
Journal of Counseling and Development
 Flagship peer-reviewed journal in my field
 American Counseling Association
 Global Wellness: Predicting Lower Levels of Anxiety and Depression Severity

Top Cited Article 2021
Journal of College Counseling
 American College Counseling Association
 Establishing the Initial Validity of the REDFLAGS Model: Implications for College Counselors

Outstanding Aggie Researcher Award 2020
 College of Education
 New Mexico State University

- Awarded by the Dean to honor one faculty member in the College of Education for their outstanding achievements in research and discovery.

Outstanding Scholar Award 2018
The Professional Counselor (TPC)

- The Outstanding Scholar Award is awarded annually to recognize the most noteworthy article published in *The Professional Counselor* each year. *The Professional Counselor* is the flagship journal of the National Board for Certified Counselors.

CEP Department Teaching Excellence Award 2017
 Department of Counseling and Educational Psychology
 New Mexico State University

- Awarded by the department head for teaching excellence in making complex mathematical concepts easy for students to understand.

CEP Department Citizenship Award 2017
 Department of Counseling and Educational Psychology
 New Mexico State University

- Awarded to faculty members who have demonstrated outstanding service and collegiality in the Department of Counseling and Educational Psychology at New Mexico State University.

Outstanding Research Award 2016
 Chi Sigma Iota
 Old Dominion University

- This award seeks to recognize and honor those who have recently completed research investigations that show promise for outstanding contributions to the counseling profession.

Outstanding Doctoral Student in Counseling Award 2016
 Department of Counseling and Human Services
 Old Dominion University

- Awarded to one doctoral student annually in the Counseling and Human Services Department at Old Dominion University.

Shining Star Recognition 2016
 Old Dominion University

- Awarded by the Division of Student Engagement and Enrollment Services at Old Dominion University to recognize an instructor who was nominated by their students for their hard work, dedication, excellence, and attention given to students.

Distinguished Scholar Award 2014
 Department of Counselor Education
 The College at Brockport, State University of New York

- Awarded annually to one graduate student throughout the College at Brockport, State University of New York who demonstrated outstanding academic work, scholarship, and who shows exceptional professional promise.

Outstanding Student Award 2014
 Department of Counselor Education
 The College at Brockport, State University of New York

- Awarded annually to recognize one graduate student in the department of counselor education at the College at Brockport who has consistently demonstrated exceptional academic and clinical skills in professional counseling.

Chi Sigma Iota Honor Society 2011- 2017

SERVICE

National & Regional Service: Editorial Boards

Associate Editor 2021 - 2023
The Professional Counselor
 National Board for Certified Counselors

Editorial Board Member 2020 - 2023
 Proposal Reviewer
Journal of Counseling and Development
 American Counseling Association
 The Flagship Journal in My Field

Editorial Board Member 2021 - present
 Proposal Reviewer
Measurement and Evaluation in Counseling and Development
 Association for Assessment and Research in Counseling (AARC)

Editorial Board Member 2019 - present
 Proposal Reviewer
Journal of College Student Retention: Research, Theory, & Practice
 Center for the Study of College Student Retention

Editorial Board Member 2016 - present
 Proposal Reviewer
Journal of Human Services
 The National Organization for Human Services

Ad Hoc Reviewer 2022
 Proposal Reviewer
Community College Review

Ad Hoc Reviewer Proposal Reviewer <i>Counseling Outcome Research and Evaluation</i> Association for Assessment and Research in Counseling (AARC)	2021
Ad Hoc Reviewer <i>Journal of American College Health</i> American College Health Association	2020
Ad Hoc Reviewer <i>Measurement and Evaluation in Counseling and Development</i> Association for Assessment and Research in Counseling (AARC)	2017 - 2019
Ad Hoc Reviewer <i>Studies in Higher Education</i> Society for Research into Higher Education	2019
Ad Hoc Reviewer <i>Journal of College Counseling</i> American College Counseling Association	2016
Editorial Assistant <i>Journal of Human Services</i> National Organization for Human Services	2015
Assistant Editor <i>Woody Schwitzer's College Counseling & Psychological Services Knowledge Base</i> American College Personnel Association (ACPA) College Student Educators International	2015- 2016
Guest Editorial Board Member <i>Journal of Human Services</i> Current Issues: Winter Monograph	2014

National & Regional Service: Committees, Conferences, & Boards

Institute for the Advancement of Counseling Theory <i>Co-Director of Research</i> <ul style="list-style-type: none"> • The directors of research are charged with overseeing the research advisory board and conducting research related to counseling theory. The research advisory board's main role is to develop research projects that advanced counseling theory and provide a mechanism for developing competitive proposals for mini grants related to the research of counseling theory 	2021- present
Advisory Board: CACREP Counseling Program <i>Committee Member</i> External advisory committee for the counseling program at Old Dominion University	2021-2022
ACES Conference Proposal Reviewer <i>Association for Counselor Education and Supervision</i>	2021

WACES Conference Proposal Reviewer <i>Western Association for Counselor Education and Supervision</i>	2020
Outstanding Scholar Award Judge <i>The Professional Counselor</i> Flagship journal of the National Board for Certified Counselors	2019 - 2020
ACES Conference Proposal Reviewer <i>Association for Counselor Education and Supervision</i>	2019
Awards Committee Member <i>Rocky Mountain Association for Counselor Education and Supervision</i>	2017- 2018
NARACES Volunteer at Conference, Syracuse, NY <i>North Atlantic Region Association for Counselor Education and Supervision</i>	2016
ACES Conference Proposal Reviewer <i>Association for Counselor Education and Supervision</i>	2015
Chi Sigma Iota Awards committee member Omega Delta Chapter <i>Old Dominion University</i>	2014 - 2017
Chi Sigma Iota Chapter President Nu Chapter <i>The College at Brockport, State University of New York</i>	2013 - 2014
Chi Sigma Iota President-elect Nu Chapter <i>The College at Brockport, State University of New York</i>	2012 - 2013
Chi Sigma Iota Executive Board Committee Member Nu Chapter <i>The College at Brockport, State University of New York</i>	2012

Service to the University and College

Faculty Affairs Committee Committee Member College of Health, Education, and Social Transformation <i>New Mexico State University</i>	2021-2022
<ul style="list-style-type: none"> • This committee is charged with evaluating dossiers for promotion and tenure as well as third-year review at the college level. 	

Emerging Scholars Initiative Committee Member College of Education <i>New Mexico State University</i>	2020 - 2021
Faculty Compensation Advisory Committee Office of the Provost <i>New Mexico State University</i>	2020 - present
Faculty Senator College of Education Representative for the Department of Counseling and Educational Psychology <i>New Mexico State University</i>	2020- 2021
University Affairs Committee <i>New Mexico State University</i>	2020- 2021
Student Mental Health Task Force Dean of Students Office <i>New Mexico State University</i>	2019 - 2021
Space Committee The College of Education <i>New Mexico State University</i>	2019 - 2020
Clinical Reasoning and Case Formulation Curriculum Task Force <i>New Mexico State University</i>	2017 - 2018
<ul style="list-style-type: none"> • A university-wide Collaborative effort between New Mexico State University and the State of New Mexico Behavioral Health Services Department to infuse clinical reasoning and case formulation modules into interdisciplinary curriculum aligned with Goal 1 of the NMSU Leads 2025 Strategic Plan: Enhance Student Success. 	
New Student Mentor The College of Education <i>New Mexico State University</i>	2018 - 2021
New Student Mentor The College of Health, Education, and Social Transformation <i>New Mexico State University</i>	2022 - Present
Student Affairs Committee The College of Education <i>New Mexico State University</i>	2017 - 2018
Dean's Initiative Committee for a College-Wide Statistical Sequence The College of Education <i>New Mexico State University</i>	2017 - 2020

Service to the Department

Program Director MA Clinical Mental Health Counseling Program CACREP Accredited <i>New Mexico State University</i>	2021 – present
Faculty Member Search Committee Chair Tenure Track Assistant Professor of Counseling Psychology Department of Counseling and Educational Psychology New Mexico State University	Fall 2022
Faculty Member Search Committee Chair Open-Rank Professor of Counseling Psychology Department of Counseling and Educational Psychology <i>New Mexico State University</i>	Spring 2022
MA-CMHC Program Committee Chair Department of Counseling and Educational Psychology <i>New Mexico State University</i>	2021 - present
CEP Leadership Committee Member Department of Counseling and Educational Psychology <i>New Mexico State University</i>	2020 - present
Faculty Member Search Committee Chair Tenure Track Assistant Professor of Counselor Education Department of Counseling and Educational Psychology <i>New Mexico State University</i>	Fall 2021
Co-Program Director MA Clinical Mental Health Counseling Program CACREP Accredited <i>New Mexico State University</i>	2020
Faculty Member Search Committee Member Department of Counseling and Educational Psychology Tenure Track Assistant Professor of Counseling Psychology <i>New Mexico State University</i>	Spring 2021
CEP Departmental Leadership Committee Department of Counseling and Educational Psychology <i>New Mexico State University</i>	2020- present
Volunteer Actor for Interprofessional Training Department of Counseling and Educational Psychology <i>New Mexico State University</i>	2020
Co-Interim Program Director	2017 - 2018

MA Clinical Mental Health Counseling Program
CACREP Accredited
New Mexico State University

Admissions Coordinator 2017 - present
MA Clinical Mental Health Counseling Program
New Mexico State University

Faculty Member Search Committee Member 2017 - 2018
Department of Counseling and Educational Psychology
Tenure Track Assistant Professor
New Mexico State University

CEP Long Range Planning Committee 2017 - 2018
Department of Counseling and Educational Psychology
New Mexico State University

Faculty Member Search Committee Member 2015 - 2016
Department of Counseling and Human Services
Tenure Track Associate/Assistant Professor
Old Dominion University

Peer Mentor 2015 - 2017
Mentored incoming doctoral students
Old Dominion University

Doctoral Student Interview Ambassador 2016
Student panel member
Facilitated campus tours
Old Dominion University

Doctoral Student Interview Ambassador 2015
Co-facilitated group interviews
Student panel member
Old Dominion University

Service to the Community

SOS Signs of Suicide Middle School and High School Prevention Programs 2019
Sierra Middle School
Rio Grande Preparatory Institute
Las Cruces Public Schools

- The SOS Signs of Suicide Prevention Program (SOS) is a universal, school-based depression awareness and suicide prevention program designed for middle school (ages 11–13) or high school (ages 13–17) students. My role included:
 - Collaboration with teachers, principal's, and school counselors.
 - Adapting SOS materials to meet the developmental needs of high school students.
 - Facilitating suicide awareness and psychoeducation groups.

- Supervising practicum students' facilitation of suicide awareness and prevention psychoeducation groups.
- Supervising practicum students' facilitation of screenings for depression and suicide.

Consultant

La Clinica de Familia, Inc. Behavioral Health Specialty Services
Las Cruces, NM

2017 - 2018

- Selection of psychologically sound measurement instrumentation and safety plans.

PROFESSIONAL COUNSELING IDENTITY

Clinical Supervisor

2016 - 2017

Old Dominion University, Norfolk, VA

- Provide clinical supervision to graduate students completing their practicum or internship clinical training.
- Monitor and provide feedback to students' about counseling sessions, written case conceptualizations, and conduct student evaluations of progress.
- Collaborate with site supervisors to ensure maximum student support.

Doctoral Counseling Intern

2016 - 2017

Eastern Virginia Medical School

- Program development and assessment
- Development of modules and worksheets
- Provided counseling to physician residents and fellows in wellness and interpersonal skills
- Consulted with leadership coordinators and created psychoeducation sessions
- Provided trainings on interpersonal skills to standardized patients (professional actors)

Group Facilitator

2015

Interpersonal Awareness

Old Dominion University, Norfolk, VA

Mental Health Counseling Internship

2012 - 2013

Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY

- Facilitated weekly 1:1 individual counseling sessions with veterans who were living with a variety of mental health disorders including Substance Use Disorders, Anxiety Disorders, Depressive Disorders, Post-Traumatic Stress Disorder, Paranoid Schizophrenia, Anti-Social Personality Disorder, Psychotic Disorders, and Dementia.
- Facilitated weekly psycho-educational group with 10-25 adult veterans and 5-7 nursing staff members utilizing Cognitive Behavioral Therapy (CBT) techniques to develop coping skills to regulate extreme emotions and to develop effective interpersonal relationship skills.
- Conducted weekly group counseling session with 20-30 adult veterans on preventing relapse from Substance Use Disorders.

- Facilitated weekly psycho-educational group with 25-40 adult veterans utilizing recovery skills for Substance Use Disorders.
- Completed new client intake/motivational interviewing sessions for recently admitted veterans.

Mental Health Counseling Practicum

2012

Hazen Hall Student Counseling Center, Brockport, NY

- Facilitated 1:1 individual counseling sessions with clients who were living with mental health concerns, including social anxiety, depression, substance use, adjustment challenges, and peer/family conflict.
- Completed new client intakes.
- Completed crisis triage interviews.

Sociotherapist

2010 - 2011

Hillside Crestwood Children's Center, Rochester, NY

- Crisis counseling and supervision of youth who were living with severe emotional disabilities.
- Actively involved with Therapeutic Crisis Intervention (TCI).
- Employed supportive counseling skills and crisis intervention skills to verbally de-escalate youth who were in emotional crises and became verbally and physically aggressive.
- Designed and implemented therapeutic recreation activities to help youth develop and practice more effective cooperative interpersonal skills.
- Participated in multi-disciplinary team of professionals for professional development.
- Participation in treatment team meetings to present on clients' progress and create treatment plans for youth in the program.

TECHNOLOGY & COMPUTER SKILLS

- **Analysis of Moment Structures Software (AMOS):** Statistical analysis program used for structural equation modeling and confirmatory factor analysis.
- **Statistical Package for the Social Sciences (SPSS):** Statistical analysis program.
- **G*Power:** Software for computing statistical power, effect size, and confidence intervals.
- **Tevera:** Field placement and assessment management software.
- **Zoom:** Online software for hosting virtual classrooms.
- **Canvas:** Online based application for posting announcements and resources for students.
- **Blackboard:** Online based application for posting announcements and resources for students.
- **Qualtrics:** Online survey software tool.
- **Dropbox:** Online cloud for file storage and sharing.
- **Google Drive:** Online cloud for file storage and sharing.
- **Microsoft Office Professional:** PowerPoint, Word, Excel, Outlook, & Publisher.

PROFESSIONAL MEMBERSHIPS

- American Counseling Association (ACA)
 - Association for Counselor Education and Supervision (ACES)
 - Association for Assessment and Research in Counseling (AARC)
 - Rocky Mountain Association for Counselor Education and Supervision (RMACES)
 - Western Association for Counselor Education and Supervision (WACES)
 - American Association of University Professors (AAUP)
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PROFESSIONAL DEVELOPMENT

- Association of College and University Educators, Effective Teaching Practices Course. 2020-2021.
- Rocky Mountain Association for Counselor Education and Supervision (RMACES) Virtual Conference, 2020.
- Association of Counselor Education and Supervision Conference, Seattle, WA, 2019.
- How to Write a Self-Study CACREP Workshop, Alexandria, VA, 2019.
- Promotion & Tenure Portfolios Summer 2019, New Mexico State University, Las Cruces, NM.
- Association of Counselor Education and Supervision Conference, Chicago, IL, 2017.
- Strengthening Clinical Reasoning in Practice: Key Concepts for Use in Clinical Reasoning in Assessment and Case Formulation, Las Cruces, NM, 2017.
- Southern Association for Counselor Education and Supervision Conference, New Orleans, LA, 2016.
- North Atlantic Region Association for Counselor Education and Supervision, Syracuse, NY, 2016.
- The Virginia Counselors Association (VCA) Conference, Williamsburg, VA, 2016.
- American Counselor Association (ACA) Annual Conference, Montreal, Canada, 2016.
- Mindfulness Coaching Training & Techniques, Norfolk, Virginia, 2016.
- Association for Counselor Education and Supervision (ACES) Annual Conference, Philadelphia, PA, 2015.
- The Virginia Counselors Association (VCA) Conference, Williamsburg, VA, 2015.
- Virginia Association for Counselor Education and Supervision Conference, Harrisonburg, VA, 2015.
- The William and Mary School of Education Research Symposium, Williamsburg, VA, 2015.
- Transitioning to the DSM-V, Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY, 2013.

- Cognitive Information Processing for Treating PTSD, Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY, 2013.
- Motivational Interviewing in Counseling Settings, Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY, 2012.
- Graduate Research Conference, The College at Brockport, Rochester, NY, 2011.
- Therapeutic Crisis Intervention Training, Hillside Family of Agencies, Rochester, NY, 2010.
- Crisis Intervention: Verbal De-escalation, Hillside Family of Agencies, Rochester, NY, 2010.
- National American Association for Psychological Science Conference, Boston, MA, 2010.