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Associate Professor of Counseling and Educational Psychology  
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### EDUCATION

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Ph.D.	<i>Old Dominion University</i> Counselor Education and Supervision CACREP Accredited	2017
M.S.	<i>The College at Brockport, State University of New York</i> Mental Health Counseling CACREP Accredited	2014
B.A.	<i>State University of New York at Geneseo</i> Psychology	2010

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### CERTIFICATION

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- National Certified Counselor (NCC) ID #: 331917
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### ACADEMIC POSITIONS

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- **Associate Professor** (with Tenure), New Mexico State University, Department of Counseling and Educational Psychology, 2021 - present
  - Average Teacher Rating = 3.9 out of 4.0
- **Assistant Professor**, New Mexico State University, Department of Counseling and Educational Psychology, 2017 - 2020
- **Adjunct Faculty Member**, Old Dominion University, Department of Counseling and Human Services, 2017
- **Graduate Teaching and Research Assistant**, Old Dominion University, Department of Counseling and Human Services, 2014 - 2016

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## PUBLICATIONS

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### Peer-Reviewed Journal Articles

\**Italicized* denotes student collaborations

\*Underline denotes statistical consultant:

(Propensity score matching, confirmatory factor analysis, and MANOVA).

38. **Kalkbrenner, M.T.** (In Press). Validation of scores on The Lifestyle Practices and Health Consciousness Inventory with Black and Latinx adults in the United States: A three-dimensional model. *Measurement and Evaluation in Counseling and Development*. High quality journal ranking per the CEP department.
37. **Kalkbrenner, M.T.** (In Press). Global Wellness: Predicting lower levels of anxiety and depression severity. *Journal of Counseling and Development*. High quality journal ranking per the CEP department and the flagship journal in my field.
36. **Kalkbrenner, M.T.** (In Press). Alpha, omega, and *H* internal consistency reliability estimates- reviewing these options and when to use them. *Counseling Outcome Research and Evaluation*. High quality journal ranking per the CEP department.
35. *Flinn, R.E.* & **Kalkbrenner, M.T.** (In Press). Matching variables with the appropriate statistical tests in counseling research. *Teaching and Supervision in Counseling*.
34. **Kalkbrenner, M.T.**, Arroyos, E.C., & *Mims, T. D.* (2021). Recognize and refer? Differences by gender, ethnicity, and help-seeking history. *Journal of College Counseling*. 24(2), 162-177. <https://doi.org/10.1002/jocc.12183>. High quality journal ranking per the CEP department.
33. **Kalkbrenner, M.T.** & Goodman-Scott, E. (In Press). Validation of high school students' scores on the Mental Distress Response Scale: Implications for universal screening. *Professional School Counseling*. High quality journal ranking per the CEP department.
32. **Kalkbrenner, M.T.** (In Press). Enhancing assessment literacy in professional counseling: A practical overview of factor analysis. *The Professional Counselor*.
31. Goodman-Scott, E., McMahon, G., H., **Kalkbrenner, M.T.**, & *Smith-Durkin, S.* (2021). An ex post facto study examining implementation of positive behavioral interventions and supports across school and community variables from an inclusive innovation perspective. *Journal of Positive Behavior Interventions*. Published online: 10 May 2021. <https://doi.org/10.1177/10983007211013784>. High quality journal ranking per the CEP department.
30. **Kalkbrenner, M.T.**, *Flinn, R.E.*, *Sullivan, D.K.*, & *Esquivel Arteaga, L.E.* (2021). A mental health literacy approach to supporting first-generation community college student mental health: The REDFLAGS Model. *Community College Review*, 49(3), 324-342. <https://doi.org/10.1177/00915521211002893>. High quality journal ranking per the CEP department.

29. **Kalkbrenner, M.T.** (2021). A practical guide to instrument development and score validation in the social sciences: The MEASURE Approach. *Practical Assessment, Research & Evaluation*. 26, Article 1. <https://scholarworks.umass.edu/pare/vol26/iss1/1/>. High quality journal ranking per the CEP department.
28. **Kalkbrenner, M.T.**, & Carlisle, K. (2021). Faculty members and college counseling: Utility of The REDFLAGS Model. *Journal of College Student Psychotherapy* 35(1), 70-86. <https://doi.org/10.1080/87568225.2019.1621230>. High quality journal ranking per the CEP department.
27. **Kalkbrenner, M.T.**, Sink, C.A., & *Smith, J.L.* (2020). Mental health literacy and peer-to-peer counseling referrals among community college students. *Journal of Counseling and Development*. 98, 172-182. <https://doi.org/10.1002/jcad.12311>. High quality journal ranking per the CEP department and the flagship journal in my field.
26. **Kalkbrenner, M.T.** (2020). Cross-validation of the Mental Distress Response Scale: Implications for counselors. *The Professional Counselor*. 10, 1 -12. <https://doi.org/10.15241/mtk.10.1.1>. High quality journal ranking per the CEP department.
25. *Smith, J.L.*, & **Kalkbrenner, M.T.** (2020). Young adults' attitudes about corporal punishment: Implications for mental health counseling. *Journal of Mental Health Counseling*. 42, 251-264. <https://doi.org/10.17744/mehc.42.3.05>. High quality journal ranking per the CEP department.
24. **Kalkbrenner, M.T.**, & Gormley, B. (2020). Development and initial validation of scores on the Lifestyle Practices and Health Consciousness Inventory (LPHCI). *Measurement and Evaluation in Counseling and Development*. 53(4), 219-237. <https://doi.org/10.1080/07481756.2020.1722703>. High quality journal ranking per the CEP department.
23. **Kalkbrenner, M.T.**, & *Flinn, R.E.* (2020). The Mental Distress Response Scale and promoting peer-to-peer mental health support: Implications for college counselors and student affairs officials. *Journal of College Student Development*. 61, 246-251. <https://doi.org/10.1353/csd.2020.0021>. High quality journal ranking per the CEP department and the flagship journal of the American College Personnel.
22. **Kalkbrenner, M.T.**, Lopez, A. L., & *Gibbs, J.R.* (2020). Establishing the initial validity of The REDFLAGS Model: Implications for college counselors. *Journal of College Counseling*. 23, 98-112. <https://doi.org/10.1002/jocc.12152>. High quality journal ranking per the CEP department.
21. **Kalkbrenner, M.T.**, *James, C.*, & Pérez-Rojas, A., E. (2020). College students' awareness of mental disorders and counselor seeking behaviors: Comparison across academic disciplines. *Journal of College Student Psychotherapy*. Published online: 19 July 2020. <https://doi.org/10.1080/87568225.2020.1791774>. High quality journal ranking per the CEP department.
20. **Kalkbrenner, M.T.**, Goodman-Scott, E. & Neukrug, E.S. (2020). Validation of high school students' scores on the Revised Fit, Stigma, and Value Scale: Implications for school counseling screening. *Professional School Counseling*. Published online: 23 July 2020.

<https://doi.org/10.1177/2156759X20912750>. High quality journal ranking per the CEP department.

19. Goodman-Scott, E., Taylor, J. V., **Kalkbrenner, M.T.**, Darsie, J., Barbosa, R., Walsh, K., & Worth, A. (2020). A multivariate analysis of variance investigation of school-level RAMP status across two states. *Counseling Outcome Research and Evaluation*. 11, 31-44.  
<https://doi.org/10.1080/21501378.2019.1575696>. High quality journal ranking per the CEP department.
18. **Kalkbrenner, M.T.** (2020). Peer-to-peer mental health support on community college campuses: Examining the factorial invariance of the Mental Distress Response Scale. *Community College Journal of Research and Practice*. 44, 757-770. <https://doi.org/10.1080/10668926.2019.1645056>. High quality journal ranking per the CEP department.
17. **Kalkbrenner, M.T.**, Brown, E.M., Carlisle, K. L., & Carlisle, R. M. (2019). Utility of The REDFLAGS Model for supporting community college student mental health: Implications for counselors. *Journal of Counseling and Development*. 97, 417 - 426.  
<https://doi.org/10.1002/jcad.12290>. High quality journal ranking per the CEP department and the flagship journal in my field.
16. Guillaume, R., & **Kalkbrenner, M.T.** (2019). Self-Determination Theory: Implications for tenure and promotion for Faculty of Color. *International Journal of Educational Research*, 98, 272 – 279. <https://doi.org/10.1016/j.ijer.2019.09.007>. High quality journal ranking per the CEP department
15. **Kalkbrenner, M.T.**, & Neukrug, E.S. (2019). The utility of the Revised FSV Scale with counselor trainees: Implications for enhancing clinical supervision. *The Clinical Supervisor*. Published online: 05 July 2019. <https://doi.org/10.1080/07325223.2019.1634665>. High quality journal ranking per the CEP department.
14. **Kalkbrenner, M.T.**, Sink, C.A, Schwitzer, A.M., & Richards, T. (2019). Understanding Mental Health Scale (UMHS): Development, validation, and implications for college counselors. *Journal of College Counseling*. 22, 270 – 286. <https://doi.org/10.1080/87568225.2019.1621230>. High quality journal ranking per the CEP department.
13. **Kalkbrenner, M.T.**, Jolley, A.L., & Hays, D. (2019). Faculty views on college student mental health: Implications for retention and student success. *Journal of College Student Retention: Research, Theory & Practice*. Published online: 05 August 2019, <https://doi.org/10.1080/87568225.2019.1621230>. High quality journal ranking per the CEP department.
12. **Kalkbrenner, M.T.**, Neukrug, E.S., & Griffith, S.A., (2019). Appraising counselors' attendance in counseling: The validation and application of the Revised Fit, Stigma, and Value Scale. *Journal of Mental Health Counseling*. 4, 21-35. <https://doi.org/10.17744/mehc.41.1.03>. High quality journal ranking per the CEP department.
11. **Kalkbrenner, M.T.**, & Neukrug, E.S. (2018). Identifying barriers to attendance in counseling among adults in the United States: Confirming the factor structure of the Revised Fit, Stigma, & Value Scale. *The Professional Counselor*, 8, 299 – 313. <https://doi.org/10.15241/mtk.8.4.299>. High quality journal ranking per the CEP department.

10. **Kalkbrenner, M.T.**, & Sink, C. (2018). Development and validation of the College Mental Health Perceived Competency Scale. *The Professional Counselor*, 8, 175 – 189.  
<https://doi.org/10.15241/mtk.8.2.175>. High quality journal ranking per the CEP department.
9. Neukrug, E.S., **Kalkbrenner, M.T.**, & Griffith, S.A. (2017). Barriers to counseling among human service professionals: The development and validation of the Fit, Stigma, & Value (FSV) Scale. *Journal of Human Services*, 37(1), 27-40.
8. Johnson, K. F., & **Kalkbrenner, M.T.** (2017). The utilization of technological innovations to support college student mental health: Mobile Health Communication, *Journal of Technology in Human Services*, 35(4), 1-26. <https://doi.org/10.1080/15228835.2017.1368428>.
7. **Kalkbrenner, M.T.**, & Hernández, T. J. (2017). Community college students' awareness of risk factors for mental health problems and referrals to facilitative and debilitating resources. *Community College Journal of Research and Practice*, 41, 56-64.  
<https://doi.org/10.1080/10668926.2016.1179603>. High quality journal ranking per the CEP department.
6. Johnson, K. F., Sparkman-Key, N., & **Kalkbrenner, M.T.** (2017). Human service students' and professionals' knowledge and experiences of interprofessionalism: Implications for education. *Journal of Human Services*, 37(1), 5-13.
5. Gerwe, C., Parks-Savage, A.C., Bertolet, C.L., **Kalkbrenner, M.T.**, & Archer, L. (2017) Promoting the wellness of physician-residents: Counselor-delivered coaching. *Counseling & Wellness: A Professional Counseling Journal*, 6, 1-19.
4. **Kalkbrenner, M.T.**, & Parker, R.H., (2016). Infusing experiential learning into the Introductory to Human Services course based on John Dewey's Theory of Education. *Journal of Human Services*, 36(1), 65-68.
3. **Kalkbrenner, M.T.** (2016). Recognizing and supporting students with mental disorders: The REDFLAGS Model. *Journal of Education and Training*, 3(1), 1-13.  
<https://doi.org/10.5296/jet.v3i1.8141>
2. **Kalkbrenner, M.T.**, Shepard, J. G., Johnson, K.F., Choudhury, J.D., Reiter, A., & Russell, A. (2016). Interprofessionalism in the literature: A review of the American Journal of Health Research. *American Journal of Health Research*, 4(5), 44-47.
1. Dobmeier, R. A., **Kalkbrenner, M. T.**, Hill, T, T., & Hernández, T. J. (2013). Residential community college student awareness of mental health problems and resources. *New York Journal of Student Affairs*, 13(2), 15-28.

***Peer-Reviewed Publications: Under Review***

\**Italicized* denote student collaborations

Bertolet, C.L., **Kalkbrenner, M.T.**, Schwitzer, A.M., Burnett, D.D., Moss, C.B., St. John, D.J., Thompson, L.H., & Foss, J.J. (Under Review). Examining changes over time in college counseling

clients' presenting symptomatology: Implications for retention. *Journal of College Student Retention: Research, Theory & Practice*. Revise and Resubmit

**Kalkbrenner, M.T.**, Neukrug, E.S., & *Esquivel Arteaga, L.E.* (Under Review). Mental health literacy screening on Hispanic Serving Institutions. *Journal of Counseling and Development*.

### ***Peer-Reviewed Publications in Progress***

*\*Italicized denote student collaborations*

\*Underline denotes methodologist and statistical consultant:

Convergent/parallel mixed-methods design and multivariate statistical analysis

**Kalkbrenner, M.T.** & *Flinn, R.E.* (2021). Internal structure of scores on The Mental Distress Response Scale among first-generation college students. *Journal of American College Health*. Manuscript in preparation.

**Kalkbrenner, M.T.** (2021). Examining Global Wellness, anxiety severity, and depression severity among Black and Latinx Adults: Implications for counseling. *Journal of Multicultural Counseling and Development*. Manuscript in preparation.

**Kalkbrenner, M.T.**, *Ryan, A.F.*, *Hunt, A.J.*, & *Rahman, S.R.* (2021). Psychometric Synthesis of The Patient Health Questionnaire-9 and The Generalized Anxiety Disorder-7. *Journal of Counseling and Development*. Manuscript in preparation.

*Gruber, E.*, *Hitter, T. L.*, & **Kalkbrenner, M.T.** (2021). An intersectional conceptualization of beauty in Latinx women: A mixed methods study. *Body Image*. Manuscript in preparation.

**Kalkbrenner, M.T.** (2021). Internal structure of scores on the Mental Distress Response Scale with Latinx college students. *Measurement and Evaluation in Counseling and Development*. Data collection phase.

### **Non-Peer Reviewed Publications**

#### ***Textbook***

Neukrug, E.S., **Kalkbrenner, M.T.**, & Snow, K., (2020). *The Dictionary of Counseling and Human Services*. Cognella, Inc.

#### ***Encyclopedia Entries***

**Kalkbrenner, M.T.** (2017). Psychobiology of Attachment Theory. In *The Encyclopedia of Marriage, Family, and Couples Counseling*. (Vol. 3, pp. 1338-1339) Thousand Oaks, CA: SAGE Publications, Inc.

**Kalkbrenner, M.T.** (2017). Sexual Dysfunction. In *The Encyclopedia of Marriage, Family, and Couples Counseling*. (Vol. 4, pp. 1523-1525) Thousand Oaks, CA: SAGE Publications, Inc.

#### ***Textbook Revisions***

**Kalkbrenner, M.T.** (2017). Created Glossary. In E.S. Neukrug, *A brief orientation to counseling: Professional identity, history, and standards* (2<sup>nd</sup> ed.). Cengage Learning.

**Kalkbrenner, M.T.** (2017). Updated Glossary. In E.S. Neukrug, *Theory, practice, and trends in human services: An introduction*. (6<sup>th</sup> ed.). Cengage Learning.

**Kalkbrenner, MT.** (2017). Created Glossary. In E.S. Neukrug, *Skills and techniques in human services: Counseling environment, helping skills, treatment issues* (2<sup>nd</sup> ed.). Cognella, Inc.

### ***Digital Publications***

Neukrug, E.S., **Kalkbrenner, M.T.**, & Griffith, S.A. (2018). Is counseling for you?. *Social Work Helper*. Retrieved from: <https://www.socialworkhelper.com/2018/02/18/is-counseling-for-you/>

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## **FUNDING: GRANTS, SCHOLARSHIPS, & FELLOWSHIPS**

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### **Funded External Grants**

Total External Grant Funding Amount Awarded = **\$1,846,960**

- Health Resource and Services Administration (Co-Principal Investigator)  
*Interdisciplinary collaborative training grant to enhance the training experience of MA-CMHC students by having them work in primary care and behavioral health settings treating substance use disorders.*  
Award Amount: \$1,234,560 over 5 years, (**Funded**, 2020-2025).
  - Consistent with the 2025 NMSU Leads Strategic Plan Goal 1: Enhance Student Success, this external grant will fully fund approximately 50% of the graduate students in the MA-CMHC program over the next five years. This external HRSA grant funding will support students' full-time immersion in the program, providing them with a unique opportunity to focus on their training without having to worry about accumulating student loan debt or balancing a part-time/full-time job with full-time enrollment in graduate school.
- Children Youth & Families Department Behavioral Health Services  
(Methodologist and Statistical Consultant)  
*The Nurtured Heart Approach® Implementation Pilot Project*  
Award Amount \$359,900 (**Funded**, 2018 – 2019).
  - My role involved developing and executing the evaluation plan:
    - Designed and executed a convergent-parallel mixed-methods design
    - Selected psychometrically validated instrumentation
    - Developed an instrument for pre/post testing
    - Created semi-structured qualitative interview questions for focus groups
    - Computed and interpreted multivariate statistical analyses
    - Conducted a qualitative thematic analysis
    - Merged and interpreted the quantitative and qualitative data

- Wrote the evaluation report
- Children Youth & Families Department Behavioral Health Services  
(Methodologist and Statistical Consultant)  
*The Nurtured Heart Approach® Implementation Pilot Project: Phase 2*  
Continuation Award Amount \$250,000 (**Funded**, 2020).
- National Institutes of Health Pilot Project (Sole Principal Investigator)  
*Reducing Health Disparities: Lifestyle Practices & Health Consciousness Inventory.*  
Award Amount: \$25,000 (**Funded**, 2020).
- Southern Association for Counselor Education and Supervision: Research and Best Practice Award  
Research Grant (Co- Principal Investigator)  
*Attendance in Counseling by Counselors: Identifying and Overcoming Barriers*  
Award Amount: \$500.00. (**Funded**, 2017).

### **External Grants Under Review**

- National Institutes of Health R03 Parent Grant (Sole Principal Investigator)  
*Development and Validation of Scores on a Brief Version of The Lifestyle Practices and Health Consciousness Inventory.*  
Award Amount: \$139,994 (Under Review)

### **Non-Funded External Grants**

- The Robert Wood Johnson Foundation (Principal Investigator)  
*A National Investigation of Physical and Mental Health: Implications for Wellness, Health Systems, and Healthy Communities.*  
Award Amount: \$210,551 (Not funded).
- Spencer Foundation (Lead Principal Investigator)  
*The Appraisal of STEM Major's Physical and Mental Health: Implications for Wellness, Retention, and Degree Completion.*  
Award Amount \$50,000 (Not funded).

### **Funded Internal Grants**

- Emerging Scholar Initiative Grant (Lead Principal Investigator)  
*Integrating Medical and Mental Health Care: An Instrument Development and Validation Study*  
Proposed Award Amount: \$8,000. (**Funded**, 2018).

### **Scholarships & Fellowships**

- CACREP Research Initiative for Graduate Students (CRIGS) Fellowship, (2 awarded annually, nationally). (**Funded**, 2017).
- SACES Emerging Leader's Fellowship, \$200, Southern Association for Counselor Education and Supervision, New Orleans, LA. (**Funded**, 2017).
- NARACES Emerging Leader's Fellowship, \$200, North Atlantic Region Association for Counselor Education and Supervision, Syracuse, NY. (**Funded**, 2017).



- Darden College of Education Dissertation Fellowship, \$15,000 (with full tuition waiver), Old Dominion University, (4 awarded annually across 6 departments). (**Funded**, 2016-2017).

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## PRESENTATIONS

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### Peer-Reviewed Presentations

*\*Italicized denote student collaborations*

35. **Kalkbrenner, M.T.** (2020, October). *Teaching psychometrics: Using relatable examples to make abstract concepts come to life!* Rocky Mountain Association for Counselor Education and Supervision (RMACES) Conference.
34. *Esquivel Arteaga, L.E., Tejada, J. D., & Kalkbrenner, M.T.* (2020, November). *Lifestyle practices: Implications for promoting physical and mental health.* Western Association for Counselor Education and Supervision (WACES) Conference, Tucson, AZ. (Conference canceled due to the covid-19 pandemic).
33. **Kalkbrenner, M.T.** (2020, November). *Uncovering psychometric research designs: An overview of factor analysis in layperson's terms.* Western Association for Counselor Education and Supervision (WACES) Conference, Tucson, AZ. (Conference canceled due to the covid-19 pandemic).
32. Neukrug, E.S., & **Kalkbrenner, M.T.** (2019, October). *Publish or perish? The publishing process in finding and keeping a job in counselor education.* Association for Counselor Education and Supervision (ACES) Conference, Seattle, WA, United States.
31. **Kalkbrenner, M.T.** (2019, October). *Demystifying psychometric research designs: An overview of the major approaches to factor analysis.* Association for Counselor Education and Supervision (ACES) Conference, Seattle, WA, United States.
30. **Kalkbrenner, M.T.**, Griffith, S.A., & Neukrug, E.S. (2019, October). *The psychometric properties of the Revised Fit, Stigma, & Value (FSV) Scale with counselor trainees: Implications for counselor educators.* Association for Counselor Education and Supervision (ACES) Conference, Seattle, WA, United States.
29. Brown, E. M., **Kalkbrenner, M.T.**, Carlisle, K.L. (2017, March). *Cross-ethnic trust factors: Black counselors with White mentors.* The annual convention of the American Counseling Association (ACA), San Francisco, CA, United States.
28. **Kalkbrenner, M.T.**, Neukrug, E.S., Griffith, S.A. (2017, October). *Barriers to seeking counseling: Development & validation of the Fit, Stigma, & Value (FSV) Scale.* Association for Counselor Education and Supervision (ACES) Conference, Chicago, IL, United States.
27. Neukrug, E.S., **Kalkbrenner, M.T.** (2017, October). *Insights into publishing in the counseling field: Books, journal articles, and more!* Association for Counselor Education and Supervision (ACES) Conference, Chicago, IL, United States.

26. **Kalkbrenner, M.T.**, & Gerwe, C. (2017, February). *Coaching medical residents: implications for counseling*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Norfolk VA, United States.
25. James, C., & **Kalkbrenner, M.T.** (2017, February). *The psychometric validation of the Understanding Mental Health Scale (UMHS)*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Norfolk VA, United States.
24. **Kalkbrenner, M.T.** (2016, April). *The high School to college transition & mental disorders: Implications for Counselors*. The annual convention of the American Counseling Association (ACA), Montreal, Canada.
23. Neukrug, E.S., Britton, B.S., & **Kalkbrenner, M. T.**, Griffith, S.A. (2016, April). *Common health-related concerns for men*. The annual convention of the American Counseling Association (ACA), Montreal, Canada.
22. **Kalkbrenner, M.T.** (2016, November). *Reducing mental health issues: The REDFLAGS Model*. The Virginia Counselors Association (VCA) Conference, Williamsburg, VA, United States.
21. **Kalkbrenner, M.T.** (2016, October). *Mental health issues on college campuses: The REDFLAGS Model*. Southern Association for Counselor Education and Supervision (SACES) Conference, New Orleans, LA, United States.
20. **Kalkbrenner, M.T.** (2016, October). *Infusing experiential learning into counselor education pedagogy*. Southern Association for Counselor Education and Supervision (SACES) Conference, New Orleans, LA, United States.
19. **Kalkbrenner, M.T.**, & Ramrakhiani. S. H. (2016, September). *Counselors as leadership coaches in an academic medical setting: Implications for counselor educators*. North Atlantic Region Association for Counselor Education and Supervision (NARACES) Conference, Syracuse, NY, United States.
18. Ramrakhiani. S.H., & **Kalkbrenner, M.T.** (2016, September). *Counselor educators' experiences infusing social justice into pedagogy*. North Atlantic Region Association for Counselor Education and Supervision (NARACES) Conference, Syracuse, NY, United States.
17. **Kalkbrenner, M.T.** (2015, November). *Investigating the implications of a structured peer group supervision model*. The Virginia Counselors Association (VCA) Conference, Hot Springs, VA, United States.
16. **Kalkbrenner, M.T.**, McAuliffe, G., Carlisle, K., & Richards, T. (2015, October). *Using Dewey's Theory of Education to incorporate experiential learning activities in the social and cultural issues course*. Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA, United States.
15. Carlisle, K. L., Richards, T., **Kalkbrenner, M.T.**, & McAuliffe, G. (2015, October). *Rubric development for the master's level counseling skills course*. Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA, United States.

14. Richards, T., Carlisle, K. **Kalkbrenner, M.T.**, & Brown, E. M. (2015, October). *Using Fink's Taxonomy of significant learning in counselor education*. Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA, United States.
13. **Kalkbrenner, M.T.** (2015, April). *Investigating residential community college students' awareness of mental health disorders and related university services*. The 2015 Annual Graduate Research Achievement Day, Old Dominion University, Norfolk, VA, United States.
12. **Kalkbrenner, M.T.**, & Brown, E. M. (2015, March). *Cognitive information processing theory and the integration of career and mental health counseling services on college campuses*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA, United States.
11. **Kalkbrenner, M.T.**, & Carlisle, K.L. (2015, March). *Multisystemic Therapy: A best practice for youth at risk for out of home placement*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA, United States.
10. **Kalkbrenner, M.T.**, & Jolley, A.L. (2015, March). *Faculty members as resources for students who are living with mental health disorders: A Pilot Study*. The William and Mary School of Education Research Symposium, Williamsburg, VA, United States.
9. Brown, E.M., & **Kalkbrenner, M.T.** (2015, March). *Infusing social justice in counselor education*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA, United States.
8. Carlisle, K. L., & **Kalkbrenner, M.T.** (2015, March). *Trauma informed approaches for at-risk-youth*. Presentation at the Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA, United States.
7. Jolley, A.L., & **Kalkbrenner, M.T.** (2015, March). *Investigating minority students' perceptions of mental health disorders and their impact on the college experience: A pilot study*. The William and Mary School of Education Research Symposium, Williamsburg, VA, United States.
6. **Kalkbrenner, M.T.**, Hill, T.L., & Pakan, J.P. (2011, December). *Awareness of mental health disorders on college campuses*. Graduate Research Conference, The College at Brockport, Rochester, NY, United States.
5. **Kalkbrenner, M.T.**, Bach, D.R., Ampel, B.C., & Piccirillo, C.T. (2010, May). *The effects of manipulated focus on TV. watching and parental support on levels of materialistic values*. Geneseo Recognizing Excellence, Achievement & Talent Day, Geneseo, NY, United States.
4. Iuppa, A.A., Ampel, B.C., & **Kalkbrenner, M.T.** (2010, May). *The relationship between altruism, personal environmental threat, and environmentally friendly behaviors*. Geneseo Recognizing Excellence, Achievement & Talent Day, Geneseo, NY, United States.
3. Piccirillo, C.T., **Kalkbrenner, M.T.**, & Bach, D.R. (2010, May). *Terror management and attitudes toward the environment*. Geneseo Recognizing Excellence, Achievement & Talent Day, Geneseo, NY, United States.

2. **Kalkbrenner, M.T.**, Ampel, B.C., & Piccirillo, C.T. (2009, October). *Efficiencies as a solution to environmental problems*. Presented at Scholar's Day Brown Bag Lunch Event, Geneseo, NY, United States.
1. Allen, J.B., Ampel, B.C., **Kalkbrenner, M.T.**, Piccirillo, C.T., & McDonough, A.C. (2010, June). *The Jevon's Paradox*. National American Association for Psychological Science (APS) Conference, Boston, MA, United States.

### **Invited Presentations**

\**Italicized* denotes student collaborations

12. Pérez-Rojas, A.E., & **Kalkbrenner, M.T.** (2020, November). Impact of COVID-19 on mental health [Invited address]. New Mexico State University (NMSU) Virtual Outreach Conference, New Mexico State University, Las Cruces, NM, United States.
11. **Kalkbrenner, M.T.** (2016, July). *Statistical tests in social sciences research*. [Invited address]. New Mexico State University, Las Cruces, NM, United States.
10. **Kalkbrenner, M.T.** (2016, July). *Career and occupational assessment: Interest inventories, multiple aptitude tests, and special aptitude tests*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
9. **Kalkbrenner, M.T.** (2016, July). *Rational Emotive Behavioral Therapy*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
8. **Kalkbrenner, M.T.** (2016, June). *Empathy and using "I" statements in a medical setting*. [Invited address plenary speaker]. Eastern Virginia Medical School, Norfolk, VA, United States.
7. **Kalkbrenner, M.T.** (2016, February). *Cognitive behavioral skills for mood management*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
6. **Kalkbrenner, M.T.** (2015, July). *Counseling skills and techniques*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
5. **Kalkbrenner, M.T.** (2015, March). *Recognizing the warning signs for depression, stress, and how to cope*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
4. **Kalkbrenner, M.T.** (2015, March). *Ensuring test worthiness: Reliability, validity, practicality, and cross-cultural fairness*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
3. **Kalkbrenner, M.T.** (2015 & 2016, February). *Testing and assessment: An overview*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
2. **Kalkbrenner, M.T.** (2013, October). *Nu Chapter of Chi Sigma Iota presents: counselor education clinical internship and alumni panel*. Invited presenter and panel member, Rochester, NY, United States.
1. **Kalkbrenner, M.T.** (2012, November). *Stress management workshop*. Invited guest lecturer for freshman academic planning course, Brockport, NY, United States.

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## TEACHING EXPERIENCE

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### Graduate Level Teaching Experience

### Semester(s) Taught

Research Methods Master's level, Counseling CACREP Master's Core Course Face-to-Face & Hybrid Online Sections New Mexico State University, Las Cruces, NM	Fall 2017, Fall 2018, Fall 2019 Fall 2019, Spring 2020, & Fall 2021
Counseling Theories and Techniques CACREP Master's Core Course New Mexico State University, Las Cruces, NM	Fall 2021
Psychometrics Doctoral level, Psychology New Mexico State University, Las Cruces, NM Face-to-Face & Fully Online Sections	Fall 2017, 2019, 2020, & 2021
Advanced Statistics Doctoral level, Counseling & Curriculum and Instruction Online Instruction New Mexico State University, Las Cruces, NM	Summer 2021
Human Development Cross-listed (MA counseling, Ed.S. School Psychology, & Ph.D. Counseling Psychology) CACREP Master's Core Course Face-to-Face & Fully Online Sections New Mexico State University, Las Cruces, NM	Summer 2019, 2020, & 2021
Appraisal Theory & Technique Master's level, Counseling CACREP Master's Core Course New Mexico State University, Las Cruces, NM	Fall 2017 & 2019
Counseling Practicum Master's level, Counseling CACREP Master's Core Course New Mexico State University, Las Cruces, NM	Fall 2019
Diagnosis and Treatment Planning Master's level, Counseling CACREP Master's Core Course New Mexico State University, Las Cruces, NM	Summer 2018
Evaluation of Quantitative Research in Education	Summer 2018 & 2019

Doctoral level, Curriculum and Instruction  
Hybrid Online & Fully Online Sections  
New Mexico State University, Las Cruces, NM

Counseling for Lifespan Development Summer 2017  
Master's level, Counseling  
CACREP Master's Core Course  
Old Dominion University, Norfolk, VA

Advanced Counseling Research Design and Assessment Fall 2016  
Doctoral level, Counseling  
Co-Instructor  
Old Dominion University, Norfolk, VA

Program Evaluation Summer 2016  
Doctoral level, Counseling & Foundations of Education  
Hybrid online instruction  
Co-Instructor  
Old Dominion University, Norfolk, VA

Testing and Client Assessment Spring 2016 & 2017  
Master's level, Counseling  
CACREP Master's Core Course  
Co-Instructor  
Old Dominion University, Norfolk, VA

Theories of Counseling and Psychopathology Summer 2015  
Master's level, Counseling  
CACREP Master's Core Course  
Co-Instructor  
Old Dominion University, Norfolk, VA

Advanced Counseling Skills and Techniques Spring 2015  
Master's level, Counseling  
Co-Instructor  
Old Dominion University, Norfolk, VA

Introduction to Counseling Skills and Techniques Fall 2014  
Master's level, Counseling  
CACREP Master's Core Course  
Co-Instructor  
Old Dominion University, Norfolk, VA

**Undergraduate Teaching Experience**

**Semester(s) Taught**

Research Internship in Counseling & Community Psychology Spring 2018 & Fall 2018  
Undergraduate, Psychology  
New Mexico State University, Las Cruces, NM

Introduction to Substance Abuse Summer 2016  
Undergraduate, Human Services  
Online Instruction (Adobe Connect & WebEx)  
Old Dominion University, Norfolk VA

Career Development & Appraisal Spring 2016  
Undergraduate, Human Services  
Old Dominion University, Norfolk VA

Interpersonal Skills Fall 2015  
Undergraduate, Human Services  
Old Dominion University, Norfolk, VA

Nonprofit Fundraising (grant writing) in Human Services Summer 2015  
Undergraduate, Human Services  
Old Dominion University, Norfolk, VA

Internship in Human Services Spring 2015  
Undergraduate, Human Services  
Old Dominion University, Norfolk, VA

Introduction to Human Services Fall 2014  
Undergraduate, Human Services  
Old Dominion University, Norfolk, VA

### **Development of Clinical Resources and Training Materials**

- Designed for students to use as training materials and as clinical resources.

**Kalkbrenner, M.T.** (2020). *Reflective listening* [PDF document]. Retrieved from:  
[https://drive.google.com/file/d/1yMak9QGGU08JsNf-ATSc1BExDCzA\\_7kY/view?usp=sharing](https://drive.google.com/file/d/1yMak9QGGU08JsNf-ATSc1BExDCzA_7kY/view?usp=sharing)

**Kalkbrenner, M.T.** (2020). *Assertive communication skills* [PDF document]. Retrieved from:  
<https://drive.google.com/file/d/1SH1rtjhXSdhGzmzRwKvSuhHBih4gk-mW/view?usp=sharing>

**Kalkbrenner, M.T.** (2020). *Giving and receiving feedback* [PDF document]. Retrieved from:  
[https://drive.google.com/file/d/1cavzd9mYA\\_eONrkNol5wOoq10sOTR02k/view?usp=sharing](https://drive.google.com/file/d/1cavzd9mYA_eONrkNol5wOoq10sOTR02k/view?usp=sharing)

**Kalkbrenner, M.T.** (2020). *Reducing extreme emotions in high-pressure situations* [PDF document]. Retrieved from:  
[https://drive.google.com/file/d/1xie3xwGcfpxGkDeQ6KYosXPPa\\_a1AEr9/view?usp=sharing](https://drive.google.com/file/d/1xie3xwGcfpxGkDeQ6KYosXPPa_a1AEr9/view?usp=sharing)

**Kalkbrenner, M.T.** (2020). *Recognizing and shaping nonverbal behaviors* [PDF document]. Retrieved from:  
[https://drive.google.com/file/d/1eF1zze4ki\\_nV6u4TQhtMjVFSGPBdO7Kr/view?usp=sharing](https://drive.google.com/file/d/1eF1zze4ki_nV6u4TQhtMjVFSGPBdO7Kr/view?usp=sharing)

**Kalkbrenner, M.T.** (2020). *Making casual conversation “small talk” for enhancing personal and professional relationships* [PDF document]. Retrieved from:  
<https://drive.google.com/file/d/1ScQzKsxBGsSHtzVoU5dXNmVnGqWrKeTQ/view?usp=sharing>

**Kalkbrenner, M.T.** (2020). *Self-Monitoring* [PDF document]. Retrieved from:  
<https://drive.google.com/file/d/1ku6wHlscIEwyqPKqhCQ6-bFzihyTC-To/view?usp=sharing>

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## AWARDS & HONORS

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***Outstanding Aggie Researcher Award*** 2020  
College of Education  
New Mexico State University

- Awarded by the Dean to honor one faculty member in the College of Education for their outstanding achievements in research and discovery.

***Outstanding Scholar Award*** 2018  
*The Professional Counselor* (TPC)

- The Outstanding Scholar Award is awarded annually to recognize the most noteworthy article published in *The Professional Counselor* each year. *The Professional Counselor* is the flagship journal of the National Board for Certified Counselors.

***CEP Department Teaching Excellence Award*** 2017  
Department of Counseling and Educational Psychology  
New Mexico State University

- Awarded by the department head for teaching excellence in making complex mathematical concepts easy for students to understand.

***CEP Department Citizenship Award*** 2017  
Department of Counseling and Educational Psychology  
New Mexico State University

- Awarded to faculty members who have demonstrated outstanding service and collegiality in the Department of Counseling and Educational Psychology at New Mexico State University.

***Outstanding Research Award*** 2016  
Chi Sigma Iota  
Old Dominion University

- This award seeks to recognize and honor those who have recently completed research investigations that show promise for outstanding contributions to the counseling profession.

***Outstanding Doctoral Student in Counseling Award*** 2016  
Department of Counseling and Human Services  
Old Dominion University

- Awarded to one doctoral student annually in the Counseling and Human Services Department at Old Dominion University.

***Shining Star Recognition*** 2016  
Old Dominion University

- Awarded by the Division of Student Engagement and Enrollment Services at Old Dominion



University to recognize an instructor who was nominated by their students for their hard work, dedication, excellence, and attention given to students.

***Distinguished Scholar Award*** 2014  
Department of Counselor Education  
The College at Brockport, State University of New York

- Awarded annually to one graduate student throughout the College at Brockport, State University of New York who demonstrated outstanding academic work, scholarship, and who shows exceptional professional promise.

***Outstanding Student Award*** 2014  
Department of Counselor Education  
The College at Brockport, State University of New York

- Awarded annually to recognize one graduate student in the department of counselor education at the College at Brockport who has consistently demonstrated exceptional academic and clinical skills in professional counseling.

***Chi Sigma Iota Honor Society*** 2011- 2017

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## PROFESSIONAL SERVICE, COMITTEES, & BOARDS

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### National & Regional Service: Editorial Boards

**Associate Editor** 2021 - 2023  
*The Professional Counselor*  
National Board for Certified Counselors

**Editorial Board Member** 2020 - 2023  
Proposal Reviewer  
*Journal of Counseling and Development*  
The Flagship Journal in My Field

**Ad Hoc Reviewer** 2020  
*Journal of American College Health*  
American College Health Association

**Editorial Board Member** 2019 - present  
Proposal Reviewer  
*Journal of College Student Retention: Research, Theory, & Practice*  
Center for the Study of College Student Retention

**Editorial Board Member** 2016 - present  
Proposal Reviewer  
*Journal of Human Services*

The National Organization for Human Services

**Ad Hoc Reviewer** 2017 - 2019  
*Measurement and Evaluation in Counseling and Development*  
Flagship Psychometric Journal of in my field

**Ad Hoc Reviewer** 2019  
*Studies in Higher Education*  
Society for Research into Higher Education

**Ad Hoc Reviewer** 2016  
*Journal of College Counseling*  
American College Counseling Association

**Editorial Assistant** 2015  
*Journal of Human Services*  
National Organization for Human Services

**Assistant Editor** 2015- 2016  
*Woody Schwitzer's College Counseling & Psychological Services Knowledge Base*  
American College Personnel Association (ACPA) College Student Educators International

**Guest Editorial Board Member** 2014  
*Journal of Human Services*  
Current Issues: Winter Monograph

### **National & Regional Service: Committees, Conferences, & Boards**

**ACES Conference Proposal Reviewer** 2021  
*Association for Counselor Education and Supervision*

**WACES Conference Proposal Reviewer** 2020  
*Western Association for Counselor Education and Supervision*

**2019 Outstanding Scholar Award Judge** 2019 - 2020  
*The Professional Counselor*  
Flagship journal of the National Board for Certified Counselors

**ACES Conference Proposal Reviewer** 2019  
*Association for Counselor Education and Supervision*

**Awards Committee Member** 2017- 2018  
*Rocky Mountain Association for Counselor Education and Supervision*

**NARACES Volunteer at Conference, Syracuse, NY** 2016  
*North Atlantic Region Association for Counselor Education and Supervision*

**ACES Conference Proposal Reviewer** 2015  
*Association for Counselor Education and Supervision*

**Chi Sigma Iota** 2014 - 2017  
Awards committee member  
Omega Delta Chapter  
*Old Dominion University*

**Chi Sigma Iota** 2013 - 2014  
Chapter President  
Nu Chapter  
*The College at Brockport, State University of New York*

**Chi Sigma Iota** 2012 - 2013  
President-elect  
Nu Chapter  
*The College at Brockport, State University of New York*

**Chi Sigma Iota** 2012  
Executive Board Committee Member  
Nu Chapter  
*The College at Brockport, State University of New York*

### **Service to the University and College**

**Emerging Scholars Initiative** Fall 2020 – Spring 2021  
Committee Member  
*New Mexico State University*  
College of Education

**Faculty Compensation Advisory Committee** Fall 2020 - present  
*Office of the Provost*  
*New Mexico State University*

- Consistent with Goal 4 of the NMSU Leads 2025 Strategic Plan: Build a Robust University System, Objective 4.2 “Cultivate faculty and staff excellence” this university-wide committee is charged with articulating and overseeing a process whereby internal and external studies of faculty compensation can be routinely and transparently conducted to identify areas where equity and market adjustments are appropriate.
  - The committee’s responsibilities include, (a) develop and implement transparent procedures for regular internal equity reviews. (b) Keep the statistical analyses and accompanying code publicly available so that the process is transparent and subject to public scrutiny, challenge, and revision. (c) Oversee validation of internal data streams (e.g., assure accuracy of all employment records for regularized and non-regularized faculty members) (d) Determine the principle predictor variables used in internal equity studies. (e) Articulate recommendations regarding the frequency of external market and internal equity reviews. (f) Articulate recommendations on how results of internal and external reviews should be used to drive decision-making.

**Faculty Senator** 2020- 2021  
*New Mexico State University*  
College of Education  
Representative for the Department of Counseling and Educational Psychology

**University Affairs Committee** 2020- 2021  
*New Mexico State University*

**Student Mental Health Task Force** 2019 - present  
*Dean of Students Office*  
*New Mexico State University*

- A university-wide collaboration between administrators, faculty, medical providers, mental health providers, staff, and students.
  - The committee is charged with (a) reviewing current activities and support for student mental health at NMSU, (b) identify ways to further support students via a gap analysis based on current practices and programs, (c) identify best practices or institutional programs to benchmark against, and (d) submit a proposal for action plan that contains both short-term and long-term goals, financial needs and identify outcomes aligned with Goal 1 of the NMSU Leads 2025 Strategic Plan: Enhance Student Success.

**Space Committee** 2019 - 2020  
*The College of Education*  
*New Mexico State University*

**Clinical Reasoning and Case Formulation Curriculum Task Force** 2017 - 2018  
*New Mexico State University*

- A university-wide Collaborative effort between New Mexico State University and the State of New Mexico Behavioral Health Services Department to infuse clinical reasoning and case formulation modules into interdisciplinary curriculum aligned with Goal 1 of the NMSU Leads 2025 Strategic Plan: Enhance Student Success.

**College of Education New Student Mentor** 2018 - present  
*The College of Education*  
*New Mexico State University*

**Student Affairs Committee** 2017 - 2018  
*The College of Education*  
*New Mexico State University*

**Dean's Initiative Committee for a College-Wide Statistical Sequence** 2017 - 2020  
*The College of Education*  
*New Mexico State University*

### Service to the Department

**Program Director** Summer 2021 – present  
*MA Clinical Mental Health Counseling Program*

*CACREP Accredited*  
*New Mexico State University*

**Co-Program Director**  
*MA Clinical Mental Health Counseling Program*  
*CACREP Accredited*  
*New Mexico State University*

Summer 2020 – Spring 2021

**Faculty Member Search Committee Member**  
*Department of Counseling and Educational Psychology*  
*Tenure Track Assistant Professor*  
*New Mexico State University*

Summer - Fall 2021

**Faculty Member Search Committee Member**  
*Department of Counseling and Educational Psychology*  
*Tenure Track Assistant Professor*  
*New Mexico State University*

Spring 2021

**CEP Departmental Leadership Committee**  
*Department of Counseling and Educational Psychology*  
*New Mexico State University*

2020- present

**Volunteer Actor for Interprofessional Training**  
*New Mexico State University*  
*Department of Counseling and Educational Psychology*

2020

**Co-Interim Program Director**  
*MA Clinical Mental Health Counseling Program*  
*CACREP Accredited*  
*New Mexico State University*

2017 - 2018

**Admissions Coordinator**  
*MA Clinical Mental Health Counseling Program*  
*New Mexico State University*

2017 - present

**Faculty Member Search Committee Member**  
*Department of Counseling and Educational Psychology*  
*Tenure Track Assistant Professor*  
*New Mexico State University*

2017 - 2018

**CEP Long Range Planning Committee**  
*Department of Counseling and Educational Psychology*  
*New Mexico State University*

2017 - 2018

**Faculty Member Search Committee Member**  
*Department of Counseling and Human Services*  
*Tenure Track Associate/Assistant Professor*  
*Old Dominion University*

2015 - 2016

**Peer Mentor**

Mentored incoming doctoral students  
*Old Dominion University*

2015 - 2017

**Doctoral Student Interview Ambassador**

Student panel member  
 Facilitated campus tours  
*Old Dominion University*

2016

**Doctoral Student Interview Ambassador**

Co-facilitated group interviews  
 Student panel member  
*Old Dominion University*

2015

**Service to the Community**

**SOS Signs of Suicide Middle School and High School Prevention Programs**

*Sierra Middle School*  
*Rio Grande Preparatory Institute*  
 Las Cruces Public Schools

2019

- The SOS Signs of Suicide Prevention Program (SOS) is a universal, school-based depression awareness and suicide prevention program designed for middle school (ages 11–13) or high school (ages 13–17) students. My role included:
  - Collaboration with teachers, principal’s, and school counselors.
  - Adapting SOS materials to meet the developmental needs of high school students.
  - Facilitating suicide awareness and psychoeducation groups.
  - Supervising practicum students’ facilitation of suicide awareness and prevention psychoeducation groups.
  - Supervising practicum students’ facilitation of screenings for depression and suicide.

**Consultant**

*La Clinica de Familia, Inc. Behavioral Health Specialty Services*  
*Las Cruces, NM*

2017 - 2018

- Selection of psychologically sound measurement instrumentation and safety plans.

**PROFESSIONAL COUNSELING IDENTITY**

***Clinical Supervisor***

Old Dominion University, Norfolk, VA

2016 - 2017

- Provide clinical supervision to graduate students completing their practicum or internship clinical training.
- Monitor and provide feedback to students’ about counseling sessions, written case conceptualizations, and conduct student evaluations of progress.
- Collaborate with site supervisors to ensure maximum student support.

**Doctoral Counseling Intern**

2016 - 2017

Eastern Virginia Medical School

- Program development and assessment
- Development of modules and worksheets
- Provided counseling to physician residents and fellows in wellness and interpersonal skills
- Consulted with leadership coordinators and created psychoeducation sessions
- Provided trainings on interpersonal skills to standardized patients (professional actors)

**Group Facilitator**

2015

Interpersonal Awareness

Old Dominion University, Norfolk, VA

**Mental Health Counseling Internship**

2012 - 2013

Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY

- Facilitated weekly 1:1 individual counseling sessions with veterans who were living with a variety of mental health disorders including Substance Use Disorders, Anxiety Disorders, Depressive Disorders, Post-Traumatic Stress Disorder, Paranoid Schizophrenia, Anti-Social Personality Disorder, Psychotic Disorders, and Dementia.
- Facilitated weekly psycho-educational group with 10-25 adult veterans and 5-7 nursing staff members utilizing Cognitive Behavioral Therapy (CBT) techniques to develop coping skills to regulate extreme emotions and to develop effective interpersonal relationship skills.
- Conducted weekly group counseling session with 20-30 adult veterans on preventing relapse from Substance Use Disorders.
- Facilitated weekly psycho-educational group with 25-40 adult veterans utilizing recovery skills for Substance Use Disorders.
- Completed new client intake/motivational interviewing sessions for recently admitted veterans.

**Mental Health Counseling Practicum**

2012

Hazen Hall Student Counseling Center, Brockport, NY

- Facilitated 1:1 individual counseling sessions with clients who were living with mental health concerns, including social anxiety, depression, substance use, adjustment challenges, and peer/family conflict.
- Completed new client intakes.
- Completed crisis triage interviews.

**Sociotherapist**

2010 - 2011

Hillside Crestwood Children's Center, Rochester, NY

- Crisis counseling and supervision of youth who were living with severe emotional disabilities.
- Actively involved with Therapeutic Crisis Intervention (TCI).
- Employed supportive counseling skills and crisis intervention skills to verbally de-escalate youth who were in emotional crises and became verbally and physically aggressive.

- Designed and implemented therapeutic recreation activities to help youth develop and practice more effective cooperative interpersonal skills.
  - Participated in multi-disciplinary team of professionals for professional development.
  - Participation in treatment team meetings to present on clients' progress and create treatment plans for youth in the program.
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## TECHNOLOGY & COMPUTER SKILLS

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- **Analysis of Moment Structures Software (AMOS):** Statistical analysis program used for structural equation modeling and confirmatory factor analysis.
  - **Statistical Package for the Social Sciences (SPSS):** Statistical analysis program.
  - **G\*Power:** Software for computing statistical power, effect size, and confidence intervals.
  - **Tevera:** Field placement and assessment management software.
  - **Zoom:** Online software for hosting virtual classrooms.
  - **Canvas:** Online based application for posting announcements and resources for students.
  - **Blackboard:** Online based application for posting announcements and resources for students.
  - **Qualtrics:** Online survey software tool.
  - **Dropbox:** Online cloud for file storage and sharing.
  - **Google Drive:** Online cloud for file storage and sharing.
  - **Microsoft Office Professional:** PowerPoint, Word, Excel, Outlook, & Publisher.
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## PROFESSIONAL MEMBERSHIPS

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- American Counseling Association (ACA)
  - Association for Counselor Education and Supervision (ACES)
  - Association for Assessment and Research in Counseling (AARC)
  - Rocky Mountain Association for Counselor Education and Supervision (RMACES)
  - Western Association for Counselor Education and Supervision (WACES)
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## PROFESSIONAL DEVELOPMENT

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- Association of College and University Educators, Effective Teaching Practices Course. 2020-2021.
- Rocky Mountain Association for Counselor Education and Supervision (RMACES) Virtual Conference, 2020.



- Association of Counselor Education and Supervision Conference, Seattle, WA, 2019.
- How to Write a Self-Study CACREP Workshop, Alexandria, VA, 2019.
- Promotion & Tenure Portfolios Summer 2019, New Mexico State University, Las Cruces, NM.
- Association of Counselor Education and Supervision Conference, Chicago, IL, 2017.
- Strengthening Clinical Reasoning in Practice: Key Concepts for Use in Clinical Reasoning in Assessment and Case Formulation, Las Cruces, NM, 2017.
- Southern Association for Counselor Education and Supervision Conference, New Orleans, LA, 2016.
- North Atlantic Region Association for Counselor Education and Supervision, Syracuse, NY, 2016.
- The Virginia Counselors Association (VCA) Conference, Williamsburg, VA, 2016.
- American Counselor Association (ACA) Annual Conference, Montreal, Canada, 2016.
- Mindfulness Coaching Training & Techniques, Norfolk, Virginia, 2016.
- Association for Counselor Education and Supervision (ACES) Annual Conference, Philadelphia, PA, 2015.
- The Virginia Counselors Association (VCA) Conference, Williamsburg, VA, 2015.
- Virginia Association for Counselor Education and Supervision Conference, Harrisonburg, VA, 2015.
- The William and Mary School of Education Research Symposium, Williamsburg, VA, 2015.
- Transitioning to the DSM-V, Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY, 2013.
- Cognitive Information Processing for Treating PTSD, Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY, 2013.
- Motivational Interviewing in Counseling Settings, Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY, 2012.
- Graduate Research Conference, The College at Brockport, Rochester, NY, 2011.
- Therapeutic Crisis Intervention Training, Hillside Family of Agencies, Rochester, NY, 2010.
- Crisis Intervention: Verbal De-escalation, Hillside Family of Agencies, Rochester, NY, 2010.
- National American Association for Psychological Science Conference, Boston, MA, 2010.