

Kevin Washington, Ph.D. is a licensed psychologist as well as an academician, who has served as a behavioral consultant for Essence Magazine, Black Entertainment Television (BET) News, and many other national and international organizations. Currently, he is the President-elect of the Association of Black Psychologists. As a Fulbright-Hays Scholar Kevin researched the impact of socializing institutions on the healing or restructuring of post-apartheid South Africa (Azania). Not only does he work on healing the psycho-spiritual wounds that are present within people as a result of Cultural Trauma in general he continues developing healing paradigms for persons of African ancestry who have been impacted by Persistent Enslavement Systemic Trauma (PEST). This work is critical to his advancing of Ubuntu Psychology.

Kevin Washington, Ph.D. received a bachelor's degree in Psychology from Grambling State University and a master's degree in Educational Psychology as well as a doctoral degree in Counseling Psychology from Texas A & M University. He has taught at several universities and colleges including Grambling State University, Valencia College, Morgan State University, University of Nebraska, San Francisco State University and Rollins College. Currently, he is a Distinguished Visiting Professor in the Counseling Psychology program at Howard University. As the founder of Ubuntu Psychotherapy (Psychology) he advances a culturally sensitive modality for mental health counseling and Psychotherapy for psychotherapists that is inclusive and particularized concomitantly. Through his research and writing he seeks to assist people to live life with power, purpose and passion.

The DEPARTMENT OF COUNSELING AND EDUCATIONAL PSYCHOLOGY



Nineteenth ANNUAL MULTICULTURAL RESEARCH SYMPOSIUM

Thursday, April 23, 2015

4:30 – 8:00 p.m.

O'Donnell Hall, Room 111 and ATrium

Sponsored by
Department of Counseling and Educational Psychology
And a grant from
Health resources and services administration (HRSA)

Schedule

4:30 p.m.

Counseling Psychology doctoral students research presentations

6:00 p.m.

Keynote Speaker: **Kevin Washington (Mwata Kairi), Ph.D.**

Licensed Counseling Psychologist

President-elect, Association of Black Psychologists

“Effective Mental Health Interventions with Black Clients: The Power of Ubuntu Psychotherapy Revealed”

7:00 p.m.

Catered reception in O'Donnell Hall, Lobby

Poster presentations of College of Education graduate students' research projects

Doctoral Student Presentations

Charlotte Williams, M.A.

Perceived Discrimination, Acculturative Stress, and Depressive Symptoms in Mexican Americans: Familism and Ethnic Identity as Moderators

Susanna Wan Yi La

Drive for Muscularity in Asian American Men: Sociocultural and Racial/Ethnic Factors as Correlates

Kristal A. Valdovinos, B.A.

Predictors of Binge Eating Among Latina Versus White College Women

Heather Terhorst-Miller, M.S.

Anti-Affirmative Action Values: The Beliefs of Undergraduate, Master's, and Doctoral College Students

Jeremy J. Rutherford, M.S.

Reliability and Validity of the Self-Compassion Scale with Latino College Students

Benjamin J. Neeley, M.A., LSAA

Self-Compassion as a Mediator between Anger Rumination and Life Satisfaction in a Sample of Latino College Students

Raul A. De La Cruz, M.A., LMHC, LSAA

Perceived Parental Reactions to Coming out, Attachment, Level of Outness, and Optimism in Romantic Relationships

Christopher Michaels, B.A.

Resolving Values Conflicts: The Training Experiences of Religious, Gay-Affirming Therapists and Trainee

Jessica L. Jackson, M.A. LPC-Intern

The Impact of Discrimination and Racial Microaggressions on the Problem Behavior of Youth