

NA-YEUN CHOI

Curriculum Vitae

Counseling & Educational Psychology
New Mexico State University
Box 30001/ MSC 3CEP
Las Cruces, NM 88003
choina@nmsu.edu

ACADEMIC APPOINTMENTS

Assistant Professor (tenure-track position), 2016 – present
Counseling and Educational Psychology
Counseling Psychology Ph.D. Program (APA Accredited)
New Mexico State University, Las Cruces, NM

EDUCATION

Ph.D. Counseling Psychology, University of Maryland, College Park (APA Accredited), 2016

Dissertation: *College students' attitudes toward seeking professional help: The role of social class, classism, and stigma.*

Doctoral Internship: *University of Maryland Counseling Center, Counseling Service (APA Accredited) 2015-2016*

M.A. Counseling Psychology, University of Maryland, College Park, 2013

Thesis: *Effects of culture and stigma on attitudes toward seeking psychological help and willingness to see a counselor in Asian American college students.*

M.A. Mental Health Counseling, Boston College (LMHC license eligible), 2008

B.S. Psychology, Minor in Sociology, Lincoln Memorial University 2006

PUBLICATIONS

Peer Reviewed Manuscripts

Choi, N., & Miller, M. J. (2014). AAPI college students' willingness to seek counseling: The role of culture, stigma, and attitudes. *Journal of Counseling Psychology, 61*, 340-351.

Miller, M. J., Yang, M., Lim, R. H., Hui, K., **Choi, N.,** Fan, X., Lin, L., Grome, R., Farrell, J., & Blackmon, S. (2013). A test of the domain-specific acculturation strategy hypothesis. *Cultural Diversity and Ethnic Minority Psychology, 19*, 1-12.

Miller, M. J., Yang, M., Hui, K., **Choi, N.,** & Lim, R. H. (2011). Acculturation, enculturation, and Asian American college students' mental health and attitudes toward seeking professional psychological help. *Journal of Counseling Psychology, 58*, 346-357.

Manuscripts Under Review

Miller, M. J., Huh, G. A., Truong, N. N., Lu, Y., Keum, B. T., & **Choi, N.** The power of resistance when coping with racism. *Cultural Diversity and Ethnic Minority Psychology.*

Manuscripts In Progress

Choi, N., & Miller, M. J. (In progress). *College students' attitudes toward seeking professional help: The role of social class, classism, and stigma.*

Choi, N., & Kim, Y. H. (In progress). Perceived barriers and ethnic identities on AAPI incoming college students' career decision Self-efficacy.

Choi, N., Li, X., & Wang, Y. (In progress). Validation of the experiences with classism scale.

Choi, N., Miller, M. J., Huh, G., Yang, M., Lu, Y., & Keum, B. (In progress). Korean elders' cultural adjustment in the U.S and their health utilization.

Miller, M. J., **Choi, N.,** Lim, R. H., Hui, K., & Yang, M. (In progress). Attitudes toward seeking medical help: The role of racism-related stress, acculturation, and cultural efficacy.

Miller, M. J., Sendrowitz, K., **Choi, N.,** & Lim, R. H. (In progress). College students and social justice: The role of social cognitive and intrapersonal factors.

Miller, M. J., Lim, R. H., & **Choi, N.** (In progress). Measurement and structural invariance in Asian American psychology research.

NATIONAL & INTERNATIONAL CONFERENCE PRESENTATIONS

Symposia

Choi, N., & Hui, K.* (2016, August). Training international trainees to supervise. In Wang, Y., &

Goodyear, R. K. (Chairs), *Supervision and Training in International Context*. Roundtable presented at the American Psychological Association, Denver, CO.*Note: All authors contributed equally to this project.

Choi, K., **Choi, N.**, Lee, H., & Jung, A. (2016, August). International trainees upon graduation: Staying or not staying? Returning or not returning? In Choi, K. (Chair), *From an International Trainee to an Independent Practitioner*. Symposium presented at the American Psychological Association, Denver, CO.

Kim, Y. H., & **Choi, N.** (2016, July). *Asian American college students' career self-efficacy: The role of curiosity, avoidance, and ethnic identity*. Symposium presented at the International Congress of Psychology, Yokohama, Japan.

Choi, N. (2015, October). *Incoming college students' attitudes toward seeking professional help: The role of social class, classism, and stigma*. Symposium presented at the Diversity Challenge, Boston College, Boston, MA.

Ezeofor, I., **Choi, N.**, Kim, Y. H., & Lin, Y. (2015, February). *Understanding the psychological aspects of incoming college students with disabilities*. Symposium presented at the Maryland Student Affairs Conference, University of Maryland, College Park, MD.

Ezeofor, I., Kim, Y. H., & **Choi, N.** (2015, February). *Classism and loneliness in college students: The mediating effect of social self-efficacy*. Symposium presented at the Winter Roundtable at Teacher's College, Columbia University, New York, New York.

Kim, Y. H., Palma, B., **Choi, N.**, & Lin, Y. (2014, May). *Understanding the multidimensional minority status among incoming college students and their academic and career developments*. Symposium presented at the Howard Community College annual counseling and career services conference, Columbia, MD.

Miller, M. J., **Choi, N.**, Yang, M., Huh, G. A., Seo, H., Park, L., & Han, J. (2012, August). *Advancing Asian American psychology by engaging the community. A qualitative study in a community based elder medical day care center*. Symposium presented at the Asian American Psychological Association, Orlando, FL.

Miller, M. J., Hui, K., Lim, R. H., Huh, G. A., **Choi, N.**, & Yang, M. (2012, August). *Asian Americans' perceived racial discrimination and health-related quality of life*. Symposium presented at the American Psychological Association, Orlando, FL.

Posters

Choi, N., Ege, E., Giordano, N., & Ikizler, A.S.* (2016, February). The impact of client and

counseling center variables on early termination for sexual minority clients. Poster presented at the Big 10 Counseling Centers Conference, West Lafayette, IN.*Note: All authors contributed equally to this project.

- Truong, N. N., **Choi, N.**, Huh, G. A., Keum, B. T., Lu, Y., Li, X., Martens, M. P., & Miller, M. J. (2015, August). Episodic Drinking in AAPI College Students: The Role of Perceived Peer Norms and Cultural Experiences. Poster presented at the *Asian American Psychological Association Annual Convention*, Toronto, Canada.
- Huh, G. A., **Choi, N.**, Keum, B. T., Lu, Y., Truong, N. N., & Miller, M. J. (2015, August). Coping with racism: The power of resistance. Poster presented at the *American Psychological Association Convention*, Toronto, Canada.
- Kim, Y. H., **Choi, N.**, & Ezeofor, I. (2015, August). *Career orientation and career aspiration of college students in relation to gender and mother's work*. Poster presented at the American Psychological Association, Toronto, Canada.
- Choi, N.**, Yang, M., Huh, G. A., Truong, N. N., Liu, N., Lim, R. H., Hui, K., & Miller, M. J. (2014, August). *Development of the Attitudes Toward Seeking Medical Care scale*. Poster presented at the American Psychological Association, Washington, D.C.
- Choi, N.**, Palma, B., Kim, Y. H., Miller, M. J., & Lucas, M. (2014, August). *SES and perceived barriers on college students' career decision making self-efficacy*. Poster presented at the American Psychological Association, Washington, D.C.
- Kim, Y. H., **Choi, N.**, Palma, B., Hung, P. F., & Lucas, M. S. (2014, August) *College women: Perceived career barriers due to childcare and career adaptability*. Poster presented at the American Psychological Association, Washington, D.C.
- Choi, N.**, Yang, M., Huh, G. A., Hill, C. E., & Miller, M. J., (2013, August). *Korean American elders' health behaviors and service utilization*. Poster presented at the Asian American Psychological Association, Honolulu, HI.
- Choi, N.**, & Miller, M. J. (2013, August). *Culture and stigma on attitudes and willingness in Asian Americans*. Poster presented at the Asian American Psychological Association, Honolulu, HI.
- Lim, R. H., **Choi, N.**, Huh, G., Hui, K., Yang, M., Lin, L.-L., Grome, R., Farrell, J., & Miller, M. J. (2013, August). *Development of the attitudes toward seeking medical care scale*. Poster presented at the Asian American Psychological Association, Honolulu, HI.
- Choi, N.**, & Miller, M. J. (2012, August). *Cultural values and stigma predicting Asian Americans' attitudes toward seeking professional psychological help*. Poster presented at the Asian American Psychological Association, Orlando, FL.

- Choi, N.**, Sendrowitz, K., Lim, R. H., & Miller, M. J. (2011, August). *College students' social justice interest and commitment: Expanding the Social-Cognitive model*. Poster presented at the American Psychological Association, Washington, D.C.
- Hui, K., **Choi, N.**, Yang, M., Lim, R. H., Lee, J. C., Kim, B. S. K., & Miller, M. J. (2011, August). *Examining the factor structure of the Asian Values Scale Short Form across generational status*. Poster presented at the American Psychological Association, Washington, D.C.
- Lim, R. H., Yang, M., **Choi, N.**, Hui, K., Lee, J. C., & Miller, M. J. (2011, August). *Examining the factor structure of the ARSMA-II for Asian Americans short form*. Poster presented at the American Psychological Association, Washington, D.C.
- Choi, N.**, Miller, M. J., & Inkelas, K. K. (2010, August). *A test of the service learning model: Predicting social justice advocacy*. Poster presented at the Asian American Psychological Association, San Diego, CA.
- Hui, K., Miller, M. J., Yang, M., **Choi, N.**, Lim, R. H., & Cao, J. (2010, August). *Understanding career indecision of Chinese college students: The impact of perceived family conflicts, traditional cultural values, and universal-diversity orientation on career decision-making self-efficacy*. Poster presented at the American Psychological Association, San Diego, CA.
- Hui, K., Lim, R. H., Yang, M., **Choi, N.**, & Miller, M. J. (2010, August). *Cultural factors impacting Asian Americans' attitudes toward seeking professional psychological help*. Poster presented at the Asian American Psychological Association, San Diego, CA.
- Lim, R. H., Miller, M. J., Hui, K., **Choi, N.**, & Yang, M. (2010, August). *Attitudes toward seeking medical help: Racism-related stress and cultural efficacy*. Poster presented at the American Psychological Association, San Diego, CA.
- Yang, M., **Choi, N.**, Lim, R. H., Hui, K., & Miller, M. J. (2010, August). *Asian American mental health: The role of acculturation, enculturation and acculturative stress*. Poster presented at the Asian American Psychological Association, San Diego, CA.
- Yang, M., Miller, M. J., **Choi, N.**, Lim, R. H., & Hui, K. (2010, August). *Racial and cultural factors impacting Asian American mental health*. Poster presented at the American Psychological Association, San Diego, CA.
- Chen, M., **Choi, N.**, Kaplan, M., Lebedeva, S., N'Cho, H., & Franklin, A. J. (2009, August). *Life themes in a therapeutic support group for African American men*. Poster presented at the American Psychological Association, Toronto, Canada.
- Blustein, D. L., Kenny, M. E., Bempechat, J., Ruane Seltzer, J. M., Catraio, C., Backus, F., Sullivan, M. E., Walsh, L., **Choi, N.**, Medvide, M., & Megrath, K. (2008, August). *Work-based learning: A post-high school retrospective view*. Poster presented at the American Psychological Association, Boston, MA.

Bempechat, J., Kenny, M. E., Blustein, D. L., Ruane Seltzer, J. M., Catraio, C., Backus, F., Walsh, L., **Choi, N.**, Megrath, K., & Sullivan, M. E. (2008, August). *School motivation and career development among urban high school youth*. Poster presented at the American Psychological Association, Boston, MA.

Megrath, K., **Choi, N.**, & Backus, F. (2007, October). *Cooperate work-study programs as social justice initiative for urban youth*. Poster presented at the Diversity Challenge, Boston, MA.

LOCAL PRESENTATIONS

Miller, M. J., **Choi, N.**, Yang, M., Huh, G., Han, J., Seo, H., & Park., L. (2012, March). *Elucidating the acculturation experiences of Asian American elders*. The Consortium on Race, Gender, and Ethnicity Conference on Qualitative Research Methods and Discovery. University of Maryland, College Park.

Miller, M. J., **Choi, N.**, & Inkelas, K. K. (2010, September). *Social justice interest and commitment: A test of social-cognitive and service-learning models*. Colloquium Series, Department of Counseling and Personnel Services, University of Maryland, College Park, MD.

RESEARCH EXPERIENCE

Research rotation, Testing and Research Unit, 2015 – 2016

PI: Yu-Wei Wang, Ph.D., University of Maryland Counseling Center, College Park

- Analyzed data and prepared manuscript for conference and journal submissions; served as the counseling service research committee

Research Assistant, Testing and Research Unit, 2013 – 2015

PI: Margaretha S. Lucas, Ph.D., University of Maryland Counseling Center, College Park

- Researched on mental health and developmental issues involving college students; Designed and launched the annual university-wide census research for incoming students; Analyzed data and prepared manuscripts for conference and journal submissions

Research Assistant, Culture, Race, and Health Lab, 2009 – 2016

PI: Matthew J. Miller, Ph.D., University of Maryland, College Park

- Qualitative research on acculturation, adjustment to the U.S., and health utilization among Korean older adults; Develop a culturally and ecologically valid depression video intervention for Korean older adults; Provide research design and data processing support

Research Member, Honorable David S. Nelson Professional Chair Office, 2008 – 2009

PI: Anderson J. Franklin, Ph.D., Boston College

- Analyzed qualitative research data on verbal/ non-verbal communication and life themes represented in archived video of therapeutic support groups for African American men

Research Member, Cristo Rey Project, 2006 – 2009

PI: David L. Blustein, Ph.D., Boston College

- Interviewed urban catholic high school students and alumni about school to work transition; Created interview protocols and code books; Analyzed qualitative research data using HyperRESEARCH 2.8; Collected quantitative data via questionnaires

TEACHING AND SUPERVISION EXPERIENCE

University of Maryland, Instructor

Introduction to Human Diversity in Social Institutions (Spring 2014)

Peer Counseling Theory and Skills (Spring 2011, Fall 2010)

University of Maryland, Teaching Assistant/Counseling Practicum Coordinator

Counseling Skills: Practicum I - School Counseling, Higher Education
(Spring 2014)

University of Maryland, Teaching Assistant/Supervisor

Counseling Skills: Practicum I & II- Navy LEAD Program (Summer 2011, Summer 2012)

University of Maryland, Lab Leader

Basic Helping Skills: Research and Practice (Spring 2010)

SUPERVISED COUNSELING/OUTREACH EXPERIENCE

Counseling/ Psychotherapy

Psychology Intern, July 2015 – June 2016

Counseling Service, University of Maryland Counseling Center, College Park, MD

Training Director: Noah Matthew Collins, Ph.D.

Primary Supervisor: Rashanta Bledman, Ph.D.; Jinhee Kang, Ph.D.

- Provided personal/ career counseling and crisis intervention services for undergraduate/ graduate students

- Conducted intake assessments and career assessments
- Provided outreach and consultation particularly on mental health and diversity issues
- Served on the Research Committee and participate rotation with the Research Unit, and conduct agency research
- Participated in weekly individual and group supervisions, and training seminars
- Provided weekly supervision to master's level practicum counselors

Clinical Extern, August 2013 – May 2014

Counseling and Career Services, Howard Community College, Columbia, MD

Supervisors: Joy Stephens, Ph.D.; Jay Coughlin, Psy.D.

- Provided personal/ career counseling and crisis intervention services for students and community members in Howard County
- Conducted intake interviews and provided referral services
- Provided outreach services to help students manage stress and guide international students through the adjustment process
- Co-led a women of color support group
- Participated in weekly individual and bi-weekly group supervisions, and biweekly training seminars
- Hours: 14-16 Hours per week (2 intakes; 1 crisis coverage; 1 group; 6-8 individual clients)

DSS (LD/ADHD) Counselor, 2011 – July 2013

Disability Support Service, University of Maryland Counseling Center, College Park, MD

Supervisors: Dr. Jo Ann Hutchinson CRC; Judith M. Kinney, Ph.D.

- Counseled college students who were diagnosed with a learning disability and/or Attention Deficit Hyperactivity Disorder (ADHD)
- Provided individual coaching sessions to improve students' time management and organizational skills
- Co-led a support group for college students with ADHD
- Provided individual and family consultation meetings to college students with disabilities
- Served as a liaison between the students, the departments, and the parents
- Hours: 20 hours per week (1 group; 8-10 individual clients; 4 consultation)

Clinical Extern, August 2010 – July 2013

Maryland Psychotherapy Clinic and Research Lab, University of Maryland, College Park, MD

Supervisors: Charles Gelso, Ph.D.; Lisa Ades, Ph.D.; Clara E. Hill, Ph.D.

- Conducted long-term, psychodynamic, and relational psychotherapy
- Conducted intake assessments and telephone screenings
- Provided individual, low-cost psychotherapy to adults in the community
- Participated in weekly individual supervision and bi-weekly group supervision meetings
- Hours: 6-8 hours per week (3-4 long-term individual clients)

Clinical Extern, August –December 2011

Mental Health Services, University of Maryland Health Center, College Park, MD

Supervisor: Jennifer Leib, LCSW-C

- Provided short-term individual psychotherapy to college students in the medical setting
- Worked with students who presented with depression, anxiety, eating disorders, traumatic histories, cultural concerns, individuation, difficulty with choosing a major and career, and academic challenges
- Conducted intake interviews and suicide assessments
- Participated in didactic training seminars and weekly individual supervision meetings
- Hours: 10-12 hours per week (2 intakes; 4-5 individual clients)

Clinical Intern, August 2008 – May 2009

McLean Hospital: Franciscan Hospital for Children, Boston, MA

Accredited Internship Programs In Professional Psychology

Supervisor: Ralph J. Buonopane, Ph.D.

- Provided crisis interventions designed to assist children and adolescents in psychiatric/ psychosocial problems
- Conducted group counseling for children and adolescents in social, emotional skills
- Offered case management for the patient, and the family

Clinical Intern, August 2007 – May 2008

Arbour Health System, Arbour Hospital: Crisis Unit, Boston, MA

Supervisors: David Malecki, LICSW; and Elizabeth Tassioponlos, Psy.D.

- Provided short-term interventions designed to assist adolescents and adults in acute distress due to psychiatric, dual diagnosis, or substance abuse problems
- Conducted emergency assessments that included psychopharmacology and psychiatric, family, and support systems evaluations
- Counseled patients with alcohol and opiate dependence, major depression, bipolar disorder, and psychosis

Clinical Intern, January – February 2006

Helen Ross McNabb: Adult Alcohol & Drug Services, Knoxville, TN

Supervisor: Tina Patania, CMSW

- Facilitated individual and group counseling sessions for adults with chemical dependency
- Organized treatment and aftercare plans for individual clients to promote personal responsibility and positive character change
- Instructed educational groups about relapse prevention and living skills designed to maintain abstinence

Clinical Intern, March – May 2006

Morristown-Hamblen Hospital Behavioral Health, Morristown, TN

Supervisor: Sue Greene, LCSW

- Conducted individual and group counseling for older adults in a Gero-Psychiatric Program
- Assessed patients with depression, dementia, delirium, generalized anxiety, and changes in behavior, function, and memory

Outreach Workshops

Choi, N. (Expected 2016, April) Mental health stigma awareness day. Received a grant (\$1250) on behalf of the Counseling Center to help de-stigmatize mental health. University of Maryland Counseling center, College Park, MD.

Choi, N. (2014, April). *On the topics of 1) mental health, 2) grief and loss, and 3) coping with stress, among Korean elders.* A three-day workshop presented at the Bethel Senior Center to 45 Korean older adult immigrants in Korean, Ellicott City, MD.

Choi, N., & Ezeofor, I. (2014, April). *Speed friending around the world and common ground: Sharing experiences as international students.* A two-day outreach program for international students presented at Howard Community College, Columbia, MD.

Choi, N. (2014, April). *The mental health and racial disparities in service.* A panel discussion presented to 40 college students at the University of Maryland, College Park, MD.

Choi, N., & Lee, J., Yang, M (2011, March). *A culture-specific grief and loss workshop.* Workshop presented to 12 Korean older adult immigrants at Arirang Adult Medical Day Care Center in Korean, Columbia, MD.

AWARDS/HONORS

2015 Division 17 Older OASIG Social Justice Award, American Psychological Association

2014 The Cochran Scholarship, College of Education, University of Maryland

2013 Travel Award, Science Directorate, American Psychological Association

2013 Research Award, Graduate Research Interaction Day, University of Maryland

2013 Byrne-Marx-Magoon Fund, University of Maryland

2013 Jacob K. Goldhaber Travel Award, University of Maryland

2009 Counseling and Personal Services Research Fellowship, University of Maryland

2006 Lynch School Dean's Award, Boston College

PROFESSIONAL SERVICE

Peer Review

Supervised ad hoc reviewer, *Journal of Counseling Psychology*, 2013

To Profession

Committee member, Community Engagement Committee of Division 17, 2013– present
Society of Counseling Psychology of the American Psychological Association (APA)

President, Counseling Psychology Student Association (CoPSA), 2013 – 2014
University of Maryland, College Park, MD

Leader, Safe Space: College of Education Graduate Students Organization for Diversity, Boston
College, Lynch School of Education Chestnut Hill, MA 2007 – 2008

To Community

Advocate, Reaching Out About Depression (R.O.A.D), *PI*: Lisa A. Goodman, Ph.D., Boston
College, Cambridge Health Alliance, Cambridge, MA., 2008

Partner Contact Volunteer, Common Purpose: Working to Stop Violence and Abuse, Boston, MA,
2007

OTHER PROFESSIONAL EXPERIENCE

Graduate Assistant, Rehabilitation Counseling, University of Maryland, College Park, 2009-10

Graduate Assistant, Counseling, Developmental & Educational Psychology Department, Boston
College, 2008-2009

Graduate Assistant, Lynch Graduate Admission's Office, Boston College, 2006-2007

PROFESSIONAL AFFILIATIONS

American Psychological Association, 2008 – present

Asian American Psychological Association, 2009 – present

Korean Psychologists Network, 2012 – present

LANGUAGE

English and Korean (Fluent: speaking, writing, reading, translating)