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Licensed Psychologist
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EDUCATION:

- July. 2016:** *Postdoctoral Masters of Science in Clinical Psychopharmacology (MSCP)*
Alliant International University; California School of Professional Psychology (San Diego, CA)
- Aug. 2009:** *Ph.D. in Clinical Psychology*
University of North Dakota (APA Accredited; Grand Forks, ND)
- June 2009:** *UNM Clinical Psychology Pre-Doctoral Psychology Internship*
University of New Mexico Health Science Center (APA Accredited; ABQ, NM)
- May 2007:** *M.A. in Psychology*
University of North Dakota (Grand Forks, ND)
- Aug. 2003:** *B.S. in Psychology (With Honors: Magna cum laude)*
University of North Dakota (Grand Forks, ND)

CURRENT POSITIONS:

Sept. 2012 – Present

Red Lake Service Unit (RLSU); Indian Health Service (IHS; Red Lake, MN)
Position: Supervisory Clinical Psychologist; Behavioral Health Department
Federal Supervisor for a mental health outpatient clinic embedded within a primary care (Public Health) facility. Voting member of the Medical Executive Committee. Conduct diverse psychological evaluations (diagnostic, psychological testing, pre-surgical assessments, capacity, Red Lake Mental Health Board, etc.); provide individual, group, couples, and family psychotherapy. Promote and engage in integrated primary care within outpatient, inpatient, emergency department, extended care facility, and group home care teams. Rural Native American populations, blended families, and their direct descendants served. Provide on-call crisis support, assessment, and intervention. Collaborate with state, federal, and sovereign nation officials, agencies, and judicial entities. Engage in community mental health outreach and participate in several multidisciplinary teams. Diverse clerical duties and budget management. Participate in managed care teams and controlled substance committee. Supervision of psychology interns and staff moving toward independent licensure.

POSITIONS HELD:

Nov. 2010 – Sept. 2012

Position: Licensed Staff Psychologist; Red Lake Comprehensive Health Services
(Chapter 638 Tribal program embedded within IHS). Same clinical duties and obligations as above; excluding the administrative and Dept. supervisory role.

Aug. 2009 – Oct. 2010

Acoma Behavior Health Services (ABHS; Pueblo of Acoma, NM)

Position: Clinical Supervisor; Mental Health Counselor

Under the Director, provided oversight of the ABHS clinical team, electronic medical records, and general clinical operations. Conducted general intakes, drug/alcohol evaluations, and psychological testing. Provided individual, group, couples, and family psychotherapy; rural Native American populations served. Provided on-call crisis support; collaborated with local tribal officials, agencies and judicial tribal agencies. Conducted emergency, inpatient, and residential treatment referrals. Participated in community prevention activities. Diverse clerical duties in a Chapter 638 Program.

June 2008 – July 2009

University of New Mexico Health Science Center (Albuquerque, NM)

Position: Pre-Doctoral Clinical Psychology Intern

Maintained a large patient (child, adolescent, family) caseload; performed appropriate referrals, consultation, and psychological evaluations and interventions. Co-facilitated an Autism Spectrum Disorders group. Engaged in weekly seminars and didactics. Diverse cultural backgrounds served. OPT and IPT Rotations between the Acoma-Canoncito-Laguna Indian Health Service Unit (San Fidel, NM), Children's Psychiatric Hospital, Program's For Children and Adolescents, and Bernalillo County Juvenile Detention Center.

2006-2008: Neuropsychiatric Research Institute (Fargo, ND)

Treatment Collaborative for Traumatized Youth (TCTY)

Position(s): Contracted Counselor and Treatment Group Co-Facilitator

Conducted individual, group and family psychotherapy with Native American children, adolescents and families on the Lake Traverse Indian Reservation, SD (Little Voices Group Home) and Circle of Nations Indian School, Wahpeton, ND. Responsible for implementation and data collection (TF-CBT, SPARCS; see certification and competencies section) for treatment fidelity and outcome research.

2003-2008: Indians into Psychology Doctoral Education (INPSYDE) program (Grand Forks, ND).

Position(s): Graduate Service Assistant & Head Program Recruiter

Created newsletters, organized the INPSYDE advisory board meetings, managed student retention, and recruited Native scholars into the INPSYDE undergraduate and graduate psychology program. Assisted the Program Director and managed general oversight of program operations. Adjunct positions: Summer Enrichment Camp Counselor (2000-2008). Concurrently, served as a Graduate Service Counselor and Assessor at the Psychological Service Center. Diverse clerical duties.

1998-2007: North Dakota Army National Guard (NDARNG; Grand Forks, ND)

Position: 14M (MOS); Team Chief & Retention Counsel, Air Defense Artillery

1-188th ADA; Foxtrot Battery; 1st Platoon, 2nd Squad. Combat Veteran; Operation Iraqi Freedom III (2004-2005); Army Good Conduct Medal; received Honorable Discharge.).

2001-2004: University of North Dakota; Psychology Department (Grand Forks, ND)

Position: Graduate Research Assistant

Conducted experiments on gambling behavior and animal laboratory research, respectively; data analysis and various clerical duties.

PUBLICATIONS:

Duncan GE, **McDougall C.L.**, Dansie E, Garrouette E, Buchwald D, Henderson JA. (2014). Association of American Indian Cultural Identity with Physical Activity. *Ethnicity & Disease*, 24 (1), 1-7.

McDougall, C. L., Terrance, C. & Weatherly, J. N. (2011). The Effect of Male Confederate Presence, Betting, and Accuracy of Play on Males' Gambling on Blackjack. *The Psychological Record*, 61, 411-424.

McDougall, C. L., McDonald, J. D., & Weatherly, J. N. (2008). The gambling behavior of American Indian and non-Indian participants: Effects of the actions and ethnicity of a confederate. *American Indian & Alaskan Native Mental Health Research*, 14 (3), pp. 59-74.

Weatherly, J.N., **McDougall**, C.L., & Gillis, A. (2006). A bird in hand: Discouraging "gambling" on a slot-machine simulation? *The Journal of Psychology: Interdisciplinary and Applied*, 140 (4), 347-361.

Weatherly, J.N., Bauste, G.A., **McDougall**, C. L. (2006). Introduction in responding for sucrose as a function of amount of upcoming "work." *The Psychological Record*, 56(3), 429-446.

RECENT PRESENTATIONS:

- Advancements in Diabetes: Depression Screening/Intervention (IHS Webinar; July 2016)
- Transcultural Psychopharmacology: Cultural Competency and Prescriptive Practice Consideration with American Indian/Alaskan Natives (New Mexico State University; June 2016)
- Crisis Response Services (Red Lake Nation, Comprehensive Health Services staff; June 2016)
- Affect Regulation & Self-Care for Corrections Officers (Red Lake Detention Center; Sept. 2015)
- Best Practices: What's working in Behavioral Health Integration (Annual IHS BH Conference, Phoenix, AZ; June 2015).
- Culturally Competent Behavioral Emergency Medicine (Mahnomen, MN; Apr. 2015)
- Dangers of The Choking Game; Red Lake Elementary School (Red Lake, MN; May 2015)
- Emotional Intelligence and the Importance of Self-Care (Red Lake Tribal College; Aug 2015)
- Introduction to Psychopathology (Red Lake Detention Center; Sept. 2014).

CERTIFICATIONS, COMPETENCIES, & ACTIVITIES:

- Certificate of Behavioral Health Primary Care; UMass Center for Integrate Care (May 2016)
- Public Speaking; Webinars and Invited Conferences
- Pioneering Telepsychiatry in the Red Lake Nation; Partnered with Sanford Health (July 2014)
- Pre/Post-Operative Surgical Weight Loss Support Group & Smoking Cessation Program (2013)
- PRIME: Pain, Relaxation, Information, & Management Exercises group therapy (Oct 2013)
- Practicum Placement (training) Site (MOU between BSU, UND, & Walden U.; 2011-Present)
- Annual National Depression Screening Day (October; 2010-Present)
- Applied Suicide Intervention Skills Training (ASIST; Agora Crisis Center, June 2010)
- Structured (Group & Individual) Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS; Northshore Long Island Jewish Hospital, NJ, 2006)
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT; Anthony Mariano, Ph.D; Allegheny General Hospital 2006, children and adolescents)
- Anxiety (Particularly PTSD with Veterans), Mood, Substance Use, Pathological Gambling
- Project Venture: National Indian Youth Leadership Project (2010)
- Positive Indian Parenting Group Therapy (NICWA, September 2009)
- Anger Management Group Therapy (SAMSHA, September 2009)

PROFESSIONAL ORGANIZATIONS:

2013-present: Adjunct Clinical Associate Professor; University of North Dakota, Psychology Dept.

2013-present: National Register of Health Service Psychologists

2013-present: APA Division 18: Psychologists in Public Health

2013-present: APA Division 38: Health Psychology

2003-present: APA Division 45: The Society for the Psychological Study of Culture, Ethnicity, and Race; Executive Committee Program Chair (2011-2013); Native American Member-At Large (2014-2016)

2016-present: APA Division 55: American Society of the Advancement of Pharmacotherapy

1999-2007: United States Army National Guard; Combat Veteran

1999-2003: Pi Kappa Phi – Zeta Gamma National Fraternity; Alumni, Past Scholarship Chair

AWARDS & SCHOLARSHIPS:

- The Red Lake Service Unit Behavioral Health Dept. has been recognized by the IHS (HQ) Behavioral Health Division as a “Pilot Site” for Excellency in Depression Screening and Integrated Primary Care; awarded funds to improve integrated care in 2014 & 2015.
- Letter of Recognition and Appreciation from the Red Lake School District for addressing the dangers of “The Choking Game” with 4th grade students.
- 2011-2013; 2015: 2x Recipient of the National Health Service Corps Loan Repayment Program
- The Pueblo of Acoma Community Recognition Award (2009, 2010; Pueblo of Acoma, NM)
- The Army Commendation Medal and The Army Good Conduct Medal for exemplary service in the Iraq Theatre of Operations during Operation Iraqi Freedom III (2006, Army National Guard, Foxtrot Battery 1-188, Grand Forks, ND)
- Equal Opportunity Representative Award (2003, Army National Guard, Foxtrot Battery 1-188thADA, Grand Forks, ND)
- Letter of Recognition from former UND President Kupchella (2003, University of North Dakota, Grand Forks, ND)
- Psi Chi National Honorary Society (2002, University of North Dakota, Grand Forks, ND)
- Outstanding Undergrad Service Award, (2002, University of North Dakota, Grand Forks, ND)
- Ronald E. McNair Scholarship Recipient (2001, University of North Dakota, Grand Forks, ND)
- Indians into Psychology Doctoral Education Scholarship Recipient (2001, University of North Dakota, Grand Forks, ND)

References:

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****Additional references available upon request****