

## ANDRÉS E. PÉREZ-ROJAS, PH.D.

---

Dept. of Counseling and Educational Psychology  
New Mexico State University  
Las Cruces, NM 88003-8001  
575-646-6496  
andrespr@nmsu.edu

### EDUCATION

---

Ph.D, Counseling Psychology, 2015.

University of Maryland, College Park, Counseling Psychology (APA Accredited).

Chair: Charles J. Gelso, Ph.D.

Dissertation title: “Does the Acculturation of International Student Therapists Predict the Process of Psychotherapy with U.S. Clients? An Exploratory Study.”

M.S., Counseling Psychology, 2012.

University of Maryland, College Park, Counseling Psychology (APA Accredited).

Chair: Charles J. Gelso, Ph.D.

Thesis title: “To Switch or Not to Switch: Inviting Bilingual Latinos to Switch Languages in Psychotherapy.”

B.A., Psychology, 2009.

Minor in Spanish Language and Cultures.

University of Maryland, College Park.

### ACADEMIC APPOINTMENTS

---

**Assistant Professor** (August, 2016 – Present)

Counseling Psychology Ph.D. Program

Department of Counseling and Educational Psychology

New Mexico State University

### PUBLICATIONS

---

#### Refereed Journal Articles

**Pérez-Rojas, A. E.**, Palma, B., Bhatia, A., Jackson, J., Norwood, E., Hayes, J. A., & Gelso, C. J. (2017). The development and initial validation of the Countertransference Management Scale. *Psychotherapy, 54*(3), 307-319. <http://dx.doi.org/10.1037/pst0000126>

Bartholomew, T. T., **Perez-Rojas, A. E.**, Lockard, A. J., & Locke, B. D. (2017). “Research doesn’t fit in a 50-minute hour”: The phenomenology of therapists’ involvement in research at a university counseling center. *Counselling Psychology Quarterly, 30*, 255-273, DOI: 10.1080/09515070.2016.1275525

**Pérez-Rojas, A. E.**, Lockard, A. J., Bartholomew, T. T., Janis, R. A., Carney, D. M., Xiao, H., & ... Hayes, J. A. (2017). Presenting concerns in counseling centers: The view from clinicians on the ground. *Psychological Services, 14*(4), 416-427. doi:10.1037/ser0000122

Hill, C.E., Anderson, T., Kline, K., McClintock, A.S., Cranston, S.M., McCarrick, S.M., Petrarca, A., Himawan, L., **Pérez-Rojas, A. E.**, Bhatia, A., Gregor, M., & Gupta, S. (2015). Helping skills training for undergraduate students: Who should we select and train? *The Counseling Psychologist*, 1-28, DOI: 10.1177/0011000015613142.

Hill, C.E., Gelso, C.J., Baumann, E., Gupta, S., Morrison, A., **Pérez-Rojas, A. E.**, Shafran, N., ... Pappa, M. (2015). Is training effective? A study of counseling psychology doctoral trainees in a psychodynamic/interpersonal training clinic. *Journal of Counseling Psychology*, 62(2), 184-201. doi:10.1037/cou0000053

**Pérez-Rojas, A. E.**, Gelso, C. J., & Bhatia, A. (2014). To switch or not to switch: Inviting bilingual clients to switch languages in psychotherapy, *Counselling Psychology Quarterly* 27(1) 55-74, DOI: 10.1080/09515070.2013.870124

Harbin, J. M., Gelso, C. J., & **Pérez-Rojas, A. E.** (2014). Therapist work with client strengths: Development and validation of a measure. *The Counseling Psychologist*, 42(3), 345-373. DOI: 10.1177/0011000012470570

Gelso, C. J., **Pérez-Rojas, A. E.**, & Marmarosh, C. (2014). Love and sexuality in the therapeutic relationship. *Journal of Clinical Psychology: In Session*, 70(2), 123-134. DOI: 10.1002/jclp.22064

**Pérez-Rojas, A. E.**, Bhatia, A., & Gelso, C. J. (2013). Does language matter? On switching languages in psychotherapy. *Psychotherapy Bulletin*, 48(1), 10-17.

### **Book Chapters**

Gelso, C. J., & **Pérez-Rojas, A. E.** (2017). Inner experience and the good psychotherapist. In L.G. Castonguay & C.E. Hill (Eds.), *Therapist effects: Toward understanding how and why some therapists are better than others*. Washington, DC: American Psychological Association.

### **Presentations**

**Pérez-Rojas, A. E.**, Palma, B., Bhatia, A., Jackson, J., Norwood, E., Rodgers, K.; Wonsever, J., Hayes, J., & Gelso, C. (2016). *Development and initial validation of the Countertransference Management Scale (CMS)*. Panel Session. North American Society for Psychotherapy Research Conference, Berkeley, CA, November 2017.

Lockard, A. J., **Pérez-Rojas, A. E.**, Bartholomew, T. T., Janis, R. A., Carney, D. M., Xiao, H., ... Hayes, J. A. (2016). *Presenting concerns in counseling centers: The view from clinicians on the ground*. Paper Session. North American Society for Psychotherapy Research Conference, Berkeley, CA, November 2017.

**Pérez-Rojas, A. E.**, Bhatia, A., Palma, B., Jackson, J., Norwood, E., Rodgers, K.; Wonsever, J., Hayes, J., & Gelso, C. (2015). *Refocusing the Countertransference Factors Inventory*. Paper presented at the Annual International Conference of the Society for Psychotherapy Research, June 24-27, Philadelphia, PA.

**Pérez-Rojas, A. E.**, Hill, C. E., & Anderson, T. (2014). Therapist helping skills: What do we know so far? In Hill, C. E., & Anderson, T. (Chairs), *Do Pre-Training Helper Characteristics Predict Success in Learning Helping Skills?* Symposium. Annual meeting of the American Psychological Association,

Washington, D.C.

Hummel, A.M., Gelso, C. J., & **Pérez-Rojas, A. E.** (2014, August). *Therapist reactions to clients facing a terminal illness diagnosis: A test of ego and countertransference*. Poster session. Annual meeting of the American Psychological Association, Washington, D.C.

**Pérez-Rojas, A. E.**, Gelso, C. J., Hill, C.E., & Mohr, J. (2013). *The joint effect of therapist attachment style and countertransference on therapeutic outcome*. Panel session. North American Society for Psychotherapy Research Conference, Memphis, TN, October 2013.

**Pérez-Rojas, A. E.**, Hill, C. E., Gupta, S., Morrison, A., Shafran, N., & Gelso, C. J. (2013). *Therapist attributions regarding what influenced them to change in therapeutic abilities during graduate school*. Panel session. North American Society for Psychotherapy Research Conference, Memphis, TN.

**Pérez-Rojas, A. E.**, Bhatia, A., & Gelso, C. J. (2012). *To switch or not to switch: Inviting bilingual Latinos to switch languages in psychotherapy*. Poster presented at the Society for Psychotherapy Research 43<sup>rd</sup> International Meeting, Virginia Beach, VA.

Hummel, A.M., Gelso, C. J., & **Pérez Rojas, A. E.** (2011). *Therapist reactions to clients facing a terminal illness diagnosis: a test of ego and countertransference*. Panel session. North American Society for Psychotherapy Research Conference, Banff.

**Pérez-Rojas, A. E.**, Yang, M., Popovska, A., Lee, J. C., & Miller, M. J. (2011, August). *Content analysis of ethnic, racial, and cultural psychology*. Poster presented for the annual meeting of the American Psychological Association, Washington, D.C.

### **Guest Lectures**

### **Under Review/In Preparation**

Bartholomew, T. T., Gundel, B. E., Sullivan, J.W., **Perez-Rojas, A.E.**, & Lockard, A. J. (under review). Pre-treatment counseling experiences, stressors, and support differences between transgender and cisgender clients.

**Perez-Rojas, A.E.**, & Gelso, C.J. (under review). International counseling students: Acculturative stress, cultural distance, and counseling with U.S. clients.

Kalkbrenner, M., Cheyenne, J., & **Perez-Rojas, A.E.** (under review). College students' awareness of mental health disorders and resources: Comparison across academic disciplines.

**Perez-Rojas, A.E.**, Brown, R., Cervantes, A., Pereira, S., & Valente, T. (in preparation). The phenomenology of bilingualism in psychotherapy for bilingual Latinx clients.

Lopez, A., **Perez-Rojas, A.E.**, Lopez-Harder, J., & Cisneros, J. (in preparation). Empowering Voices: Evaluating a training to address the needs of immigrant families in the borderlands.

## **GRANTS AND FELLOWSHIPS**

---

New Mexico State University College of Education  
College of Education Emerging Scholars Initiative  
*NMSU Counseling and Psychotherapy Research Project*  
Principal Investigator: **Andrés E. Pérez-Rojas**  
Co-Investigators: Eve Adams  
Period: 02/08/2017 – 03/01/2018  
Total Award: \$10,000

## **RESEARCH EXPERIENCE**

---

**Postdoctoral Fellow** (August, 2015 – August, 2016)  
Center for Collegiate Mental Health  
Center for Counseling and Psychological Services  
Pennsylvania State University  
Director: Benjamin Locke, Ph.D.

**Psychotherapy Extern and Researcher** (August 2012 – July 2014)  
Maryland Psychotherapy Clinic and Research Lab  
University of Maryland  
Directors: Clara E. Hill, Ph.D., and Charles J. Gelso, Ph.D.

**Doctoral Student** (August 2009 – July 2015)  
Maryland Psychotherapy Relationship Research Program  
University of Maryland  
Advisor: Charles J. Gelso, Ph.D.

## **TEACHING EXPERIENCE**

---

### **NEW MEXICO STATE UNIVERSITY**

#### **Assistant Professor**

CEP693: Educational Experimentation (Graduate)  
Department of Counseling & Educational Psychology  
New Mexico State University

CEP677: Group Work Theory and Practicum (Graduate)  
Department of Counseling & Educational Psychology  
New Mexico State University

CEP673: Counseling Psychology Theory and Practicum (Graduate)  
Department of Counseling & Educational Psychology  
New Mexico State University

### **Guest Lecture Instruction**

*Brief Therapy Models* for CEP 678 (February 21, 2018)

*Helping Trainees Become Aware of and Manage Countertransference* for CEP 679 (November 6, 2017)

*Bilingual Psychotherapist: My Journey and Development* for CEP 616 (July 5, 2017)

*Experiential Psychotherapy Techniques* for CEP 678 (February 2, 2017)

### **Workshops**

*Community engaged research: Primer & discussion.* Presented as part of the 2018 CEP Brown Bag Research Series

## **UNIVERSITY OF MARYLAND, COLLEGE PARK**

### **Instructor**

PSYC433: Basic Helping Skills—Research and Practice  
Department of Psychology  
University of Maryland, College Park

PSYC432: Counseling Psychology—Theories, Research, & Practice  
Department of Psychology  
University of Maryland, College Park

### **Assisted Teaching**

PSYC433: Basic Helping Skills—Research and Practice  
Department of Psychology  
University of Maryland, College Park

PSYC432: Counseling Psychology—Theories, Research, and Practice  
Department of Psychology  
University of Maryland, College Park

PSYC332: Psychology of Human Sexuality  
Department of Psychology  
University of Maryland, College Park

PSYC300: Research Methods in Psychology  
Department of Psychology  
University of Maryland, College Park

## **STUDENT ADVISING**

---

### **Dissertations Chaired**

1) *7th Generation: Voices of the Resilient.* Sibella B. Salazar (In process)

### **Doctoral Committees**

- 1) Joshua Turner (Counseling Psychology)
- 2) Andrea Gonzales (Counseling Psychology)
- 3) Rebecca Pruitt (Counseling Psychology)
- 4) Rebecca Brown (Counseling Psychology)
- 5) Alejandro Cervantes (Counseling Psychology)
- 6) Jessica Lopez-Harder (Counseling Psychology)

### **UNIVERSITY AND DEPARTMENT SERVICE**

---

#### **NEW MEXICO STATE UNIVERSITY**

Co-Chair, CEP Multicultural Research Symposium Committee (2017 – Present)

NIH RISE Program Mentor (2017 – Present)

Member, College of Education Research Committee (2017 – Present)

Member, Long Range Planning Committee, C EP Department (2017 – Present)

Member, Department Head Advisory Committee, C EP Department (2017 – Present)

Member, NMSU Counseling Psychology Training Committee (August 2016 – Present)

Co-Facilitator, Roundtable Discussions with C EP Students of Color (November 2016 – Present)

Member, Psychopharmacology Director Search Committee (2016-2017)

#### **UNIVERSITY OF MARYLAND, COLLEGE PARK**

Department of Psychology Representative, College of Behavioral and Social Sciences Dean's Graduate Student Advisory Council (2011 –2012)

Counseling Area Representative, Colloquium Committee (2011 –2014)  
Department of Psychology

Student Representative (2010 –2011)  
Counseling Psychology Ph.D. Program

### **COUNSELING EXPERIENCE**

---

**Postdoctoral Fellow** (August, 2015 – August, 2016)  
Center for Counseling and Psychological Services (CAPS)  
The Pennsylvania State University  
Training director and primary supervisor: Joyce Illfelder-Kaye, Ph.D.

**Doctoral Intern in Professional Psychology** (August, 2014 – July, 2015)

Center for Counseling and Student Development (CCSD)

University of Delaware

Training director: Brad M. Wolgast, Ph.D.

Supervisor: Kelly R. Ozambela, Ph.D.

**Psychology Extern** (Fall 2013 – Spring 2014)

University of Maryland Counseling Center

Supervisors: Rashanta Bledman, Ph.D.; Dominick Scalise, Ph.D.

**Psychology Extern** (Fall 2012 – Spring 2014)

Maryland Psychotherapy Clinic and Research Lab

University of Maryland

Supervisors: Laura Kasper, Ph.D.; Clara Hill, Ph.D.

**Supervision Practicum Student** (Fall 2012)

University of Maryland

Course: *Counseling Psychology Didactic Practicum in Counseling Supervision* (EDCP685)

Instructor: Mary Ann Hoffman, Ph.D.

**Psychology Extern & Practicum Student** (Fall 2011 – Spring 2012)

Mental Health Service

University of Maryland Health Center

Course: *Didactic Practicum in Group Interventions* (EDCP682)

Supervisors: Pepper B. Phillips, Ph.D.; Noah Collins, Ph.D.; Julie Parsons, L.C.S.W.-C

**Career Counseling Practicum Student** (Spring 2011)

University of Maryland Counseling Center

Course: *Didactic Practicum in Career Interventions* (EDCP 686)

Supervisors: Robert W. Lent, Ph.D.; Anne M. Regan, Ph.D.

**Advanced Practicum Student** (Fall 2010)

University of Maryland Counseling Center

Course: *Advanced Counseling Practicum* (PSYC 698)

Supervisors: Charles J. Gelso, Ph.D.; Sharon B. Spiegel, Ph.D.

**Practicum Counseling Student** (Summer 2010)

Individual counseling, University of Maryland Counseling Center

Supervisor: Sarah Mebane, Ph.D.

**Basic Practicum Student** (Spring 2010)

Individual counseling, University of Maryland Counseling Center

Course: *Basic Counseling Practicum* (PSYC 433)

Supervisors: Pepper B. Phillips, Ph.D.; Barbara J. Thompson, Ph.D.

**Pre-Practicum Student** (Fall 2009)

Individual counseling with university student volunteers, University of Maryland

Course: *Theories and Strategies of Counseling Psychology* (PSYC 700)

Supervisors: Clara Hill, Ph.D.; Sara Ericson, M.S.

**PROFESSIONAL AFFILIATIONS**

---

American Psychological Association (APA)  
APA Division 29 – Early Career Domain Committee, Member  
American Psychological Association (APA)  
APA Division 17 – Society of Counseling Psychology  
APA Division 17 – International Section  
APA Division 29 – Society for the Advancement of Psychotherapy  
Society for Psychotherapy Research (General and North American chapters)

**JOURNAL ACTIVITIES**

Editorial Review Board, *Counselling Psychology Quarterly* (2017 – Present)  
Ad Hoc Reviewer, *Psychological Services*  
Ad Hoc Reviewer, *Language and Psychoanalysis*

**HONORS & AWARDS**

---

2017 C EP Department Teaching Excellence Award  
2017 C EP Department Citizenship Award