

## Contact Information

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## Program Website

<https://cep.nmsu.edu/academic-programs/counseling-guidance-m-a.html>

Department of Counseling and Educational  
Psychology  
MSC 3CEP  
New Mexico State University  
P.O. Box 30001  
Las Cruces, NM 88003-8001  
(575) 646-2121



# M.A. Clinical Mental Health Counseling Program

Counseling and Educational Psychology  
Department



Live, Learn and Thrive.™

## Admission Information

- Official transcripts from all Universities and Colleges attended
- Three letters of recommendation from faculty or supervisors
- Personal Statement
- Resume or curriculum vita (List of completed upper division and/ or graduate course work (including grades) related to counseling)
- Writing sample
- Interview (if invited)

DEADLINE for applications is February 1<sup>st</sup>

\* Information, application packet, and student handbook are available online at <https://cep.nmsu.edu/academic-programs/counseling-guidance-m-a.html> or by contacting the CEP office at (575) 646-2121.



## Program Description

The Clinical Mental Health Counseling Program is housed in the Department of Counseling and Educational Psychology in the College of Health, Education and Social Transformation at New Mexico State University. It is a 60 credit hour program that leads to a Masters of Arts in Counseling.

The program is accredited in Clinical Mental Health Counseling by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). The program curriculum prepares professional counselors to perform mental health counseling in a variety of settings including agencies, hospitals, and private practice. Graduates from the program are eligible to sit for the National Counselor Exam (NCE) and apply for licensure as Professional Counselors.



## Course Work

Courses are offered in a block schedule. This means that students proceed through the Program as a cohort, taking course with the same group of students with whom they entered the Program.

Students may complete the program on a full, three-quarter, or half-time basis. All entering students must declare at the time of their application their intention to pursue accelerated full-time (24 months), full-time (30 months), or half-time (36 months) study.

The Clinical Mental Health Counseling Program maintains low faculty-student ratios, particularly in courses where individual and small-group supervision are offered. Students often complete approximately 1,000 hours of supervised practice while progressing through the program.

Clinical training experiences include supervision in the counseling training center, and continue in the community.

Opportunities to pursue research are available by joining faculty members' research teams and structured independent studies with faculty members. Students may also acquire minors in specialty areas such as Spanish Counseling and Integrated Behavioral Health.



## Tentative Course Sequence

- CEP 512- Human Development
- CEP 517- Multicultural Counseling
- CEP 542- Appraisal Theory and Technique
- CEP 5170- Professional Issues in Mental Health Counseling
- CEP 5230- Counseling Theory and Technique
- CEP 5280- Primary Care Psychology
- CEP 6270- Diagnosis and Treatment Planning
- CEP 6240- Child and Adolescent Counseling
- CEP 552- Career/Life Planning and Vocational Assessment
- CEP 566- Group Work Theory and Technique
- CEP 5250- Family Therapy Theory and Technique
- CEP 556- Addictions Counseling
- CEP 532- Counseling Research
- CEP 572- Counseling Practicum
- CEP 580- Counseling Internship